



EGD (Esophagogastroduodenoscopy) Instructions

Your EGD is scheduled on at
Time given during pre-op call

- LOCATION:**
- | | |
|---|---|
| <input type="checkbox"/> ASC (Alberty Surgical Center) | <input type="checkbox"/> STV (Providence St. Vincent) |
| <input type="checkbox"/> DSC (Downtown Surgical Center) | <input type="checkbox"/> LGS (Legacy Good Samaritan) |

The surgery center will call you **two (2) days** prior to your procedure to verify your information and confirm your exact arrival time. Your arrival time is subject to change!

IMPORTANT: IF YOU NO-SHOW OR CANCEL/RESCHEDULE WITHIN FIVE (5) BUSINESS DAYS OF YOUR PROCEDURE, YOU WILL BE CHARGED \$200.

Your physician has requested that you have an EGD. This is an exam for your upper GI tract. This examination causes little or no discomfort and requires only minor preparation:

- Eat a low-fat meal the evening before your procedure.
- Do not eat any solid foods after midnight.
- A clear liquid diet is ok **up to four (4) hours before** your procedure:

ACCEPTABLE		<u>UNACCEPTABLE</u>	
Broth	Vitamin water	Milk	ANY food or drink with red or purple colors ALCOHOL
Jell-O	Plain coffee	Cream	
Popsicles	Plain tea	Dairy products	
Soda	Hard candies	Soy/nut based dairy liquids	
Apple juice	Non-pulp fruit ice	Protein powders	
WHITE grape juice	Ensure CLEAR	Juice with pulp	
WHITE cranberry juice	(any flavor/color is acceptable, even red)		
Sports drinks			
	Water		

- Do not eat or drink anything, including water, **within four (4) hours** of your procedure.
- Medications may be taken with a small amount of water.
- Because of the sedation you will be receiving, you **must** bring a driver to take you home.

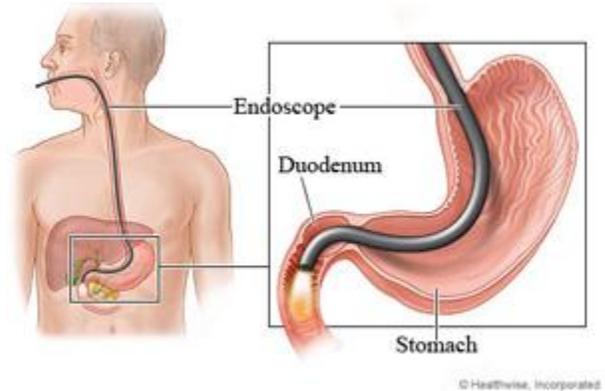
What is an EGD (Esophagogastroduodenoscopy)?

An endoscopy is a nonsurgical procedure used to examine a patient's digestive tract. An endoscope is a long, thin, flexible instrument with a camera and light on the end. A gastroenterologist can safely guide the endoscope to examine the inside lining of the upper digestive system.

Your doctor may recommend an endoscopy procedure to:

Investigate causes of digestive abnormalities. An endoscopy may help your doctor determine what is causing symptoms such as nausea, vomiting, abdominal pain, difficulty swallowing and gastrointestinal bleeding.

Diagnose and treat digestive diseases and conditions. An endoscopy may be utilized to collect tissue (biopsy) samples and/or treat diseases and conditions such as anemia, bleeding, inflammation, diarrhea, difficulty swallowing, or cancers of the digestive system. Endoscopy can also be used to remove foreign objects lodged in your upper digestive tract.



MEDICATION INSTRUCTIONS AND FREQUENTLY ASKED QUESTIONS:

What if I take a blood thinner like Coumadin, Warfarin or Plavix?

We ask that you stop taking blood thinners **7 days prior to your procedure, or as directed by your doctor.** We will notify your coagulation clinic about your upcoming procedure and they will follow up with you. You may also contact them directly.

What if I take diabetes medications?

If you are diabetic, take only half of your normal diabetic medication dosage on the day prior to and day of your procedure.

What if I take blood pressure medications?

You may continue taking your blood pressure medication normally, unless it has a diuretic (water pill) included. Hydrochlorothiazide (HCTZ) is an example of a diuretic. **If you are taking a blood pressure medication with a diuretic, do not take the medication on the day prior to and day of your procedure.**

What if I take a diuretic (water pill)?

Do not take your diuretic medication on the day prior to and day of your procedure. Diuretics increase your chances of dehydration, which we want to avoid. Some examples of diuretics are Hydrochlorothiazide (HCTZ) and Lasix.

Why do I need to give five (5) days notice to cancel or reschedule my procedure?

Due to the required preparation for the procedure and as a courtesy to patients on the waitlist, we must ensure everyone has adequate time to prepare with the necessary food restrictions, transportation requirements, and lab work.

I know I was told that you don't know what time my procedure is, but can you please tell me anyway?

No. We are unable to provide specific times for patients and we encourage patients to wait for their pre-op phone call two (2) days prior to find out this information. The Surgery Center is very accommodating if there are any special needs.

Who can I contact with any billing questions?

Our Patient Accounts department can be reached at 503-221-2189, option 1.