



MRI Exam

MRI (Magnetic Resonance Imaging) uses a strong magnet and radio waves, which are completely harmless, to produce detailed pictures of your body.

- Please arrive 15 minutes early to allow time to fill out paperwork regarding possible metallic or electronic implants in your body. You will be asked these screening questions every time you have an MRI, as the magnet can cause metal objects in your body to move. Dental fillings and braces normally aren't a problem.
- For some exams you will be asked not to eat or drink 4-8 hours before.
- If you are claustrophobic (fearful of small spaces), be sure to talk to your physician before you come in for your exam. If your physician prescribes a sedative for your MRI exam, we require that you have somebody drive you to and from your appointment.
- Exams will take 30-60 min on average, so you'll be asked to use the restroom before your exam.
- During your exam you will be provided with earplugs to block out loud knocking and banging noises, which are created by the radio.
- During your MRI you will lay on a table that will slide into a "tunnel" that is open at both ends and you will be asked to hold very still.
- The MRI technologist will talk to you over a microphone, and if at any time you feel uncomfortable or claustrophobic, the tech will be able to hear you and the exam can be paused.
- After your MRI you can return to your normal activities right away, as long as you have not taken any sedative medications.

Your appointment time is _____ am/pm on _____.

Your appointment will be performed at:

Please check in at the registration desk when you arrive at the clinic. Children are not allowed in the exam rooms. Please provide supervision for them if they accompany you to your appointment.

THE PORTLAND CLINIC - TIGARD

9250 SW Hall Blvd
Tigard, OR 97223

Call (503) 293-0161
x4023 for any
questions regarding
your examination.

