



Pelvic Ultrasound

Your physician has requested an ultrasound examination for you. We will be studying the organs in your pelvic region. This exam causes little or no discomfort and requires relatively minor preparation.

- Empty bladder before starting prep.
- Start drinking 32 oz. of water 1.5 hours **before** your appointment time, finishing 1/2 hour prior to your appointment.
- Hot weather and/or recent illness such as diarrhea may cause dehydration. Please drink more than the required 32 oz. of water if you feel that your bladder is not getting full.
- You may eat prior to exam.
- Do not empty your bladder again until instructed by technologist.
- **You must have a very full bladder to successfully complete this exam.** Failure to completely fill your bladder will delay your exam or require your exam to be rescheduled.
- If you absolutely cannot hold your bladder while waiting for your appointment, check with the receptionist for further instructions.



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Your appointment time is _____ am/pm

on _____.

Your appointment will be performed at:

Please check in at the registration desk when you arrive at the clinic. Children are not allowed in exam rooms. Please provide supervision for them if they accompany you to your appointment.

THE PORTLAND CLINIC - DOWNTOWN

800 SW 13th Ave
Portland, OR 97205

Call (503) 221-0161
x2217 for any
questions regarding
your examination.



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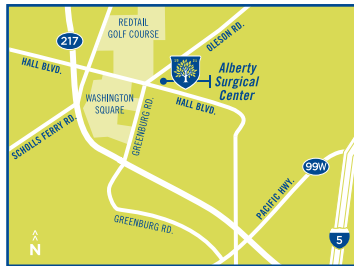
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THE PORTLAND CLINIC - TIGARD

9250 SW Hall Blvd
Tigard, OR 97223

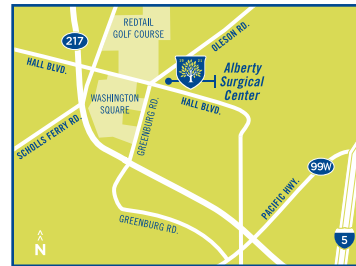
Call (503) 293-0161
x4023 for any
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