



## CT Exam

Your physician has requested us to perform a Computed Tomography scan (CT or CAT scan) for diagnostic purposes. This examination causes little or no discomfort and requires relatively minor preparation.

- Please alert the scheduler if you are allergic to iodine, x-ray dyes or contrasts.
- Drink lots of fluids prior to your exam to stay well hydrated.
- Medications should be taken as prescribed.
- Please arrive 15 minutes early to allow time to fill out paperwork. You will be asked these screening questions every time you have a CT.
- You may need to make changes to your diet to prepare for your scan, as well as drink a contrast prior to your exam time. You will be called the afternoon before your appointment with any specific instructions.
- You may be given contrast through an intravenous (IV) line, which may make you feel warm or give you a strange taste in your mouth, both of which pass shortly.
- You will lie on a table that slides into a doughnut-shaped hole and may be asked to hold your breath for a few seconds during your CT scan.
- After your CT you can return to your normal activities right away, as any contrast you were given will pass naturally through your body within a day.
- A CT takes from 10 minutes to 2 hours, depending on whether or not an oral, or IV contrast is used, and which part of your body is being scanned.

**Please Note** | *These instructions may change depending on your doctor's orders and the type of CT that you are having.*

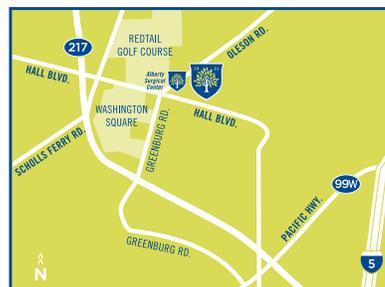
Your appointment time is \_\_\_\_\_ am/pm on \_\_\_\_\_.

### Your appointment will be performed at:

#### OUR TIGARD MEDICAL OFFICE

9250 SW Hall Blvd  
Tigard, OR 97223

Call (503) 293-0161  
x4023 for any  
questions regarding  
your examination.



Please check in at the registration desk when you arrive at the clinic. Children are not allowed in the exam rooms. Please provide supervision for them if they accompany you to your appointment.