

## Foot Care Resources

The Foot and Ankle Department at The Portland Clinic provides annual **preventative diabetic foot exams** and will always evaluate and treat any urgent diabetic foot issues. For routine foot care, please see the following local options. The information listed below is subject to change.

### Portland Area Foot Care Nurses

- Carolyn McKay – 971-344-9885
  - 3616 N. Commercial Avenue, Portland, OR 97227
  - In-home appointments, \$50 per appointment
- Heidi Corbett, RN – 503-341-2345
  - Traveling in-home nurse, available Monday-Friday
  - \$55 per 1-hour appointment
- Monica Stutzman, RN – 503-615-1090
  - 750 SE 8<sup>th</sup> Avenue, Hillsboro, OR 97124
  - Available Tuesdays and 1<sup>st</sup> Thursdays, \$30 per 30-minute appointment

### Portland Westside and Suburbs

- Forest Grove Senior Center – 503-357-2021
  - 2037 Douglas Street, Forest Grove, OR 97116
  - Available 1<sup>st</sup> Tuesday of the month, \$35 per 45-minute appointment
- Irene's Foot Care – 503-292-7555
  - 9450 SW Barnes Road, Suite #130, Portland, OR 97225
  - Available Tuesday-Thursday, \$35 per appointment (cash or check only)
- Juanita Pohl Center – 503-691-3061
  - 8513 SW Tualatin Road, Tualatin, OR 97062
  - Available 1<sup>st</sup> and 3<sup>rd</sup> Friday, \$35 per appointment
- Neighborhood House – 503-244-5204
  - 7688 SW Capitol Highway, Portland, OR 97219
  - Available the 2<sup>nd</sup> Wednesday, \$35 per appointment
- Scappoose Senior Center – 503-543-2047
  - 33342 SW Meadow Drive, Scappoose, OR 97056
  - Available the 2<sup>nd</sup> Tuesday, \$30 per appointment
- St. Helens Senior Center – 503-397-3377
  - 375 South 15<sup>th</sup> Street, St. Helens, OR 97051
  - Available every Wednesday, \$15 per appointment
- St. James Foot Clinic – 503-227-2439
  - 1315 SW Park Avenue, Portland, OR 97201
  - Available Wednesdays and 3<sup>rd</sup> Thursday, \$30-35 per appointment
- Sherwood City Senior Center – 503-625-5644
  - 21907 SW Sherwood Blvd, Sherwood, OR 97140
  - Available every other Monday, \$33 per appointment
- West Linn Adult Community Center – 503-557-4704
  - 1180 Rosemont Road, West Linn, OR 97068
  - Available 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays and 1<sup>st</sup> Friday, \$30 per appointment
- Wilsonville Community Center - 503-682-3727
  - 7965 SW Wilsonville Road, Wilsonville, OR 97070
  - Available 3<sup>rd</sup> Tuesday from 9am-3pm



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### Portland Eastside and Suburbs

- Adventist Damascus – 503-658-5521
  - 14450 SE Royer Road, Damascus, OR 97089
  - Available 4<sup>th</sup> Thursday, \$45 per appointment
- Adventist Gresham Station – 503-665-8176
  - 831 NW Council Drive, Gresham, OR 97030
  - Available every other Tuesday and Wednesday, \$45 per appointment
- 33Adventist Sandy – 503-668-8002
  - 17055 Ruben Lane, Sandy, OR 97055
  - Available 1<sup>st</sup> Wednesday, \$45 per appointment
- East Portland Community Center – 503-484-6371
  - 740 SE 106<sup>th</sup> Avenue, Portland, OR 97216
  - Available 2<sup>nd</sup> and 4<sup>th</sup> Thursday, \$40 per appointment
- Gladstone Senior Center – 503-655-7701
  - 1050 Portland Avenue, Gladstone, OR 97027
  - Available 2<sup>nd</sup> Tuesday of every month, \$33 per appointment
- Gresham Senior Center – 503-988-4870
  - 600 NE 8<sup>th</sup> Street, Gresham, OR 97030
  - Available 3<sup>rd</sup> Tuesday and Thursday, \$22 per appointment (cash or check only)
- Hollywood Senior Center – 503-288-8303
  - 1820 NE 40<sup>th</sup> Avenue, Portland, OR 97212
  - Available Fridays from 9am-1:30pm and Wednesdays from 9am-12pm
  - \$40 for Senior Center appointments, \$50 for in-home appointments
- North Minster Presbyterian Church – 503-310-9534
  - 2823 North Rosa Parks Way, Portland, OR 97217
  - Available Wednesdays, \$33 per appointment
- Pioneer Adult Community Center - 503-657-8287
  - 615 5<sup>th</sup> Street, Oregon City, OR 97045
  - Available 1<sup>st</sup> and 3<sup>rd</sup> Tuesday, 2<sup>nd</sup> Friday, \$30 per appointment (cash or check only)
- Sellwood Thelma Skelton Center – 503-953-8209
  - 3925 SE Milwaukie Avenue, Portland, OR 97202
  - Available 2<sup>nd</sup> Tuesday, \$35 per appointment

