

THE PORTLAND CLINIC

FOUNDATION

advancing community wellness 2020



ABOUT The Portland Clinic Foundation

OUR MISSION

Through evidence-informed philanthropy, The Portland Clinic Foundation supports nonprofits across greater Portland that advance community wellness and the social determinants of good health.

OUR MODEL

We offer unrestricted small grants to nonprofits in Clackamas, Multnomah, and Washington counties. We strive to fund equitably and to prioritize under-resourced communities and sectors. Because of this, we keep our grant application accessible and our doors always open for support.

OUR GRANTS

We are funded through the generosity of The Portland Clinic and through individuals like you: patients, providers, friends, family, and colleagues who want to give back to carefully-vetted nonprofits that are making a real difference. Our expenses are paid by The Portland Clinic, which means that 100 percent of your contributions go to support Portland's most urgent causes and innovative nonprofits. To learn more, read on!

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Kris Anderson

LETTER FROM THE EXECUTIVE DIRECTOR

Dear Friends,

We have all faced multiple challenges this year, and it is understandable to be discouraged and fatigued by events near and far. Yet we have also been inspired by the creativity, tenacity, and generosity that have been displayed constantly by people from all walks of life.

The Portland Clinic Foundation has committed itself to responding flexibly and strategically to 2020's emerging needs. Since some nonprofits applied to our 2020 grant cycle before COVID-19 hit, we issued fully flexible grants to all recipients so that they could direct funds wherever they were most needed. We also prioritized organizations providing direct assistance to people facing food and housing insecurity, health and safety risks, education and childcare challenges, social isolation, and more. This included an early emergency grant to Portland Street Medicine to prevent transmission of the virus amongst people experiencing homelessness.

Advancing equity is also a driving principle of our work. Our grants focus on communities and sectors that have been historically under-resourced, where we know our funds will make a bigger impact. Our 2020 nonprofit partners include many organizations that disrupt and counter the long-term health, economic, and social traumas of racism and prejudice.

Of course, these grants would not be possible without your help. Your generosity is at the heart of this work, and because of you, we have been able to increase our grantmaking every year. With your continued support, we will meet our goal of giving \$100,000 in 2021—The Portland Clinic's Centennial!

Thank you, too, to all who volunteer with us on our board, committees, and in-kind goods drives, and to all who have contributed to those drives (including our most recent collection to benefit local wildfire evacuees). Special thanks to our beloved board chair Oana Enea, DO, who moved to the Midwest this summer with her family. We are pleased to welcome her successor, Alyssa McLean, who is already moving mountains to support our community!

We know these times are tough. Please let us know if you need some help, and stay in touch. We always love hearing from you!

With gratitude and solidarity,



Kris Anderson, *Executive Director*


OUR STORY

The Portland Clinic Foundation was founded in 1963 after a long-serving clinic nurse left a gift in her estate. Dormant for over 50 years, the foundation was reborn in 2016 to advance community wellness across greater Portland by channeling the community spirit of The Portland Clinic's patients, providers, employees, and friends.

The Portland Clinic Foundation distributed its first round of grants in 2017, giving \$30,000 to sixteen remarkable nonprofits. Through the generosity of our wonderful donors and volunteers, we have increased our grantmaking annually, giving \$45,000 in 2018; \$60,000 in 2019; and now \$75,000 in 2020!

The Portland Clinic Foundation's grants support nonprofit organizations ranging from frontline service providers to advocates for systemic change. We are proud that, in an era that sometimes feels divisive, the foundation is actively supporting organizations that bring our community closer together, that work towards justice and equity, and that help all our communities to be happier and healthier.

Recent Highlights



75,000
Dollars granted in 2020, a 150% increase from 2017



18
Young men in addiction recovery provided with housing through a grant to 4D Recovery



18,000
Estimated dollar value of in-kind goods donated to 17 partner nonprofits in 2019



5,000
Dollars given in emergency grant to Portland Street Medicine to help unhoused people during COVID-19



4
Number of SUVs chock-full of in-kind goods from foundation collection drive to benefit wildfire evacuees in 2020



1
Family of three kept in housing through a grant to Good Neighbor Center's rent assistance program as they were expecting a newborn



11,930
Deliveries of groceries to homebound seniors and people with disabilities by grantee Store to Door



34
People living in poverty with severe disabilities newly receiving lifelong Social Security benefits through grantee ASSIST

2020 GRANTEES

MEET OUR 2020 GRANTEES

Store to Door

COVID-19 has been hard on everyone, but for homebound seniors and people with disabilities, it has been particularly challenging. Social isolation and poor nutrition are already risks for those with limited mobility, many of whom are also low-income. COVID-19's restrictions have exacerbated both.

Portland nonprofit Store to Door is working long hours to combat this trend. It has seen demand for its services skyrocket this year—unsurprising as its mission is to “reduce social isolation among vulnerable seniors in our community through a volunteer-driven grocery delivery service.”

“When COVID-19 first hit, we realized that our program was a frontline public health intervention for seniors,” says Mark Fulop, the executive director of Store to Door. “That pushed us to not only keep our doors open, but to think about how we can expand our

“When COVID-19 first hit, we realized that our program was a frontline public health intervention for seniors.”

services. We’ve increased our number of deliveries by over 40% to 324 per week now!”

As Store to Door expanded its delivery service, it also modified its approach to social outreach. “Because of COVID-19, our deliveries are now contactless: we can’t come into a person’s house to check on them and visit a bit. To compensate, we’ve launched a friendly phone call program,” Fulop explains. “Volunteers are now completing over 200 [chats and wellness check-ins] a week, and as before, we can refer our clients to other services if needed.”

All of this is in the name of helping seniors retain self-determination, Fulop says. That is why the grocery deliveries adhere strictly to clients’ personal shopping lists. “The concept is that the more agency we give to seniors, the more they can maintain their independence and be in control and empowered.”

Black Futures Farm

After centuries of racist disenfranchisement from land ownership, today only 1.4% of American farmers are Black people, which means few Black people have access to the food security and health benefits that come from growing your own food.

The Black Futures Farm (BFF) in Portland’s Brentwood-Darlington neighborhood is working to change that. Co-founder Malcolm Shabazz Hoover, a military veteran and Master Gardener, is passionate about the farm’s mission. “We are using agriculture and farming to grow community, and we are working to create a world where healthy, delicious, culturally-specific food is accessible to everyone.”

In its first year, the collective farm has sprouted from 1.25 acres of bare dirt to a verdant garden planted with corn, squash, beans, fruit trees, and many other crops and flowers. A project of the Black Food Sovereignty Coalition, Black Futures Farm provides space and tutelage for Black-identifying people and African immigrants who want to learn more about and plant their own produce. It also operates a subscription produce box program, so that neighbors can receive regular fresh produce. And it sells produce at the biweekly Black and Indigenous Market, which it helped establish to support agricultural businesses owned by people of color.

In this unsettled economy, Hoover wants everyone to have ongoing access to fresh food, but the type of food matters, too. “Black people for the most part—immigrants, diasporic Africans and Caribbeans, African Americans—don’t have easy access to their traditional foods, because they have no ownership of food systems.” Traditional foods become boutique, or too expensive, he says. “I want to always have access to good greens, okra, and black-eyed peas. I don’t want to be denied access to our heritage.”

Just as importantly, he also wants Black people to know the pleasure of digging and harvesting, of getting dirty. After generations of “systematic disinheritance from the land, we work to replace that distancing with the joy of being in community with the soil, the joy of producing your own food and eating food that you grew yourself,” Hoover says. “We want to create a healing place for Black folks, where they can be and learn.”

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Write Around Portland

Writing may seem like a solitary act, but for Write Around Portland, it is an essential way to build community and empathy.

For 21 years, the nonprofit has been holding free creative writing workshops for adults and youth in hospitals, schools, treatment centers, correctional facilities, homeless shelters, and low-income housing, as well as for other under-resourced communities. Participants of Write Around workshops often speak of how they emerge empowered and connected, having found their voice, processed personal traumas, and discovered a community with whom to share their stories.

“We amplify under-represented voices. All of our work is grounded on our values of respect, writing, and community, and now more than ever, we need respect and community, and spaces where people can process this ongoing trauma together.”

Healing and solidarity were always key outcomes of the workshops even before the pandemic and protests. Now, in the face of collective trauma and social isolation, Write Around Portland is a lifeline, says Executive Director Elizebett Eslinger. “We amplify under-represented voices. All of our work is grounded on our values of respect, writing, and community, and now more than ever, we need respect and community, and spaces where people can process this ongoing trauma together.”

Moreover, their work to combat social isolation has never been more urgent.

Although their workshops have moved online, Eslinger says there’s a silver lining: they can now reach homebound and geographically distant participants. Staff have also rolled out a new “Write Around at Home” by-mail workshop for people without access to video call technology (especially isolated seniors and people in correctional institutions). A new postcard program also has been launched for the sole purpose of checking in on folks and dispelling loneliness. Eslinger says that, “writing a postcard is a simple way to connect with other people, a way to say, ‘We’re thinking of you, we’re here for you.’”



Centro Cultural de Washington County

Founded in 1972 by migrant farmworkers seeking a gathering space, Centro Cultural de Washington County has expanded dramatically since then, adding staff and programs and eventually opening a beautiful new center in Cornelius and a second location in Hillsboro. Now, says Executive Director Maria Caballero Rubio, it is a centerpiece of the regional Latinx population: “we are a culturally-specific organization that serves the needs of our community county-wide.”

Many of Centro’s initial founders were American citizens, but their community now includes farmworker families from Mexico and Central America “who have come from poverty to seek a better life,” says Caballero Rubio. “As our community’s needs have shifted, we’ve added programs, including English language classes, drivers license classes, financial literacy, workforce development and job training, and small business guidance.” These programs are in addition to its diverse, intergenerational offerings in other sectors: community wellness (Zumba and tai chi for seniors, nutrition lessons, meals, social programs, and outdoor excursions); civic leadership and advocacy (a climate justice leadership initiative and urban development projects); youth development (Lego Robotics and STEAM programs); and arts and culture,

like their Día de los Muertos and ¡El Grito! festivals that bring the whole community together.

Itzel Chavez, Centro’s development coordinator, is especially proud of their recent work to help local families weather COVID-19, particularly because Latinx people are contracting COVID-19 at much higher rates. Centro has partnered with the county to deliver groceries to quarantining families and to labor camps, and to pay some expenses for those who have fallen ill. But Centro also created a fund to cover the gaps in local and national relief measures.

“There was a huge need for migrant families because the stimulus package didn’t include undocumented workers,” Chavez says. “This fund helps them with rent, utilities, medicine, DACA

renewals, and more. As of July, we’ve served 209 families so far, about \$150,000 of service. It’s really exciting and rewarding for us to be able to provide this, and it’s all through contributions from the community.”

Centro Cultural may be venerable, adds Caballero Rubio, but it is still nimble. “Our doors are open every day, and whatever comes at us, we’re going to be there helping our community!”

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Portland Animal Welfare Team

Everyone cherishes their pets, and in pandemic times, with physical distancing in force, pets are an even greater source of comfort and companionship.

For people experiencing houselessness, pets are often their primary or only source of companionship, so when a pet's health is challenged, it impacts human wellness—a worry often compounded by people's inability to pay for veterinary care. Portland Animal Welfare Team (PAW) reduces that worry by providing free vet care for people experiencing houselessness or extreme poverty.

"We're a really unique resource in the community," says interim Executive Director Nicole Perkins. "The issue of houselessness is prevalent, but people don't think a lot about supporting the health and well-being of unhoused animals, or about how that supports the health and well-being of their people."

PAW serves pets in need of both urgent and ongoing care, including injuries and disease, spaying and neutering, vaccinations, and managing chronic conditions and aging. It has a full pharmacy for

prescription needs, and its team also offers referrals to other providers for more complicated conditions. Other initiatives include a supply bank with food, litter, toys, beds, and more, and partnerships with grooming salons for pet baths and haircuts.

With a staff of only five people, much of PAW's clinical work relies on its team of volunteer veterinarians, who normally provide care for close to 2,000 pets a year.

COVID-19 has meant that demand has skyrocketed, just as funding and capacity has dropped: due to physical distancing, now only one vet can safely work from the clinic each day. Nevertheless, PAW has still managed to see over 500 pets in 2020 (as of June), and they have also begun offering telemedicine appointments.

"I'm really proud of the work that we do, both for our pets and our people," Perkins says. "And I'm so grateful for our volunteers, and for funders like The Portland Clinic Foundation. It's been a challenging year, and we're a small organization with a fairly small budget. Grants and donations have a huge impact: they mean we can continue to do our work."

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Rose Haven

Rose Haven, a day shelter in Northwest Portland, was created as a safe space, resource center, and community for chronically unhoused women, children, and transgender people. Over 3,500 people annually come there to rest, break bread, play, shower, check mail, and gain support and assistance.

This year, Rose Haven has worked hard to adapt to COVID-19. Many of its clientele were left on the streets when shelters went into lockdown. That worried Rose Haven's Executive Director Katie O'Brien. "It's really taking its toll on people who aren't inside, or can't go inside. Plus protests are often happening where they're sleeping, and it's added a lot of trauma to people who've already lived very traumatized lives."

Even though COVID-19 has forced Rose Haven to limit access to indoor spaces, its staff have found creative ways to continue services. Now, people pass out supplies (tents, tarps, sleeping bags, hygiene kits, clothing and diapers) at the front door. At another door, they serve breakfast and lunch for guests who can then relax in a newly created outdoor living space. They have reopened shower and bathroom access with strict cleaning protocols; they helped with voter registration and stimulus check collection; and on-site advocates continue "to help people navigate their situations and to give them warm connections to other service providers," says O'Brien. "We're also trying to add some fun through pop-up [celebrations] like Juneteenth and Pride."

Ultimately, it has been a hard year, O'Brien admits. Rose Haven needs more space, more volunteers, and many more donations. But she is proud of her team's responsiveness. "We had a kind of first responder mentality, and I'm just so proud of our staff for their unwavering decision to be there for our guests. We've found a way to still provide community, which is such an important part of our mission—we've just shifted it outside. What's so amazing is the resiliency of the people that we serve here. There's so much joy."

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Portland Refugee Support Group

There are many rumors about the federal benefits that refugees receive in America, but the truth is stark. Each refugee receives housing and other basic needs for 30 to 90 days, as well as eight months of English classes and modest cash assistance (\$611/month for a family of four). They also receive ongoing social services such as job placement help for up to five years, if resources are available. In reality, refugees are expected to be self-sufficient in a new country, starting from scratch, after eight months of minimal support.

“How can anyone learn English, learn the complexities of transportation and housing and health care, and everything else in eight months?” asks Nura Elmagbari, board chair of the all-volunteer Portland Refugee Support Group (PRSG). “We founded PRSG because we noticed that refugees were really falling through the cracks after those eight months were up.”

PRSG’s goal is to create long-term relationships between volunteers and refugees so that new Portlanders have “someone who is familiar with the American system to be a friend and help them navigate it.” Self-sufficiency is still the goal: “refugees are the hardest working people you’ll ever meet, they

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just need help acclimating,” Elmagbari says. PRSG’s programs are diverse: in addition to frequent one-on-one mentoring, they operate a monthly mental health support group and potluck, a college prep program for high school refugee students, an in-kind donation program that gives monthly boxes of household goods and food to refugee families, a summer camp for refugee youth, and regular microenterprise bake sales, so that refugee women can help support their families.

Elmagbari and 80 other volunteers devote long hours to this work, but it is essential, she says. “We need to stop looking at refugees as ‘them’: they are human beings like ourselves who were blessed enough to end up on US soil. We’d be doing a disservice to ourselves and our community if we didn’t help them.”

After all, refugees never want to leave their homes. “Refugees are forced to leave their homes—that’s the difference between an immigrant and a refugee,” Elmagbari says. “Their trauma is absolutely daunting, and the fact that they are able to enter a new country and get a job and work and find a home and take care of their family—that they can do this is amazing and admirable. People should look at them as role models on what it takes to survive!”

Boost Oregon

Vaccinations have been a hot topic for parents in recent years, and Oregon has the highest vaccine exemption rates for kindergarteners in the country as a result. As a new mom, Nadine Gartner found herself overwhelmed by the range of opinions around vaccines, and she realized that other parents out there must be overwhelmed, too.

To help other parents identify credible information, Gartner founded Boost Oregon. Its mission is “to empower people to make science-based vaccine decisions for themselves, their families, and their community.” Its model is innovative: many parents trust other parents more than they trust healthcare systems and public health agencies, and so while Boost Oregon has an advisory board of providers and immunologists, the organization is proudly parent-led and prioritizes parent-to-parent education.

“We educate parents and the general public about the safety and benefits of vaccines, and try to minimize vaccine-preventable diseases in Oregon,” Gartner says. “We focus on education: educating parents directly through workshops, videos, and other materials; training providers on effective communication; and empowering parent advocates who want to talk about the importance of vaccines in their communities and schools.”

Now, with COVID-19 at the center of public attention, Boost Oregon’s work is reaching a much wider audience. “We’re trying to get out as much accurate information as possible, including information about how vaccines are created and approved. There’s a lot of misunderstanding and fear about the expediency of this vaccine,” Gartner explains.

None of this work would be possible without the support of foundations and individuals, she adds. “We don’t accept donations from pharmaceutical companies, so our work is only possible through grants and individual donors. We can’t do our work without grant funding: we like to say ‘there’s no us without you!’”

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EVEN MORE 2020 GRANTEES

ASSIST

Claims representation for low-income or unhoused people with disabilities to ensure they receive permanent income through Social Security benefits.

Bienestar

Builds housing, hope and community through affordable housing, leadership development, and youth programs for Latinx farmworker families in western Washington County, including COVID-19 economic assistance for its families.

The Black United Fund

Assists in the social and economic development of Oregon's under-resourced communities, through mentorship, education, and support for youth leaders.

Borland Free Clinic

Provides hope and healing through free medical care to low-income and unhoused people in Tualatin and neighboring communities.

Clackamas Service Center

A food pantry, kitchen, and resource center for low-income and unhoused individuals and families, including COVID-19 emergency food box pickup and delivery to encampments.

Clay Street Table

Creates a caring community by feeding hungry and unhoused people in downtown Portland, including COVID-19 takeaway meal boxes.

Ecology in Classrooms and Outdoors (ECO)

Inspires elementary school students from low-income schools to connect to our natural world by providing sustained, long-term ecology enrichment programs.

Familias en Acción

Health advocacy and education for Latinx families, including chronic illness support and public policy work, as well as providing COVID-19 nutrition and relief guidance.

Family Justice Center of Washington County

A one-stop resource center for survivors of domestic abuse, including police, court, legal, mental health, childcare, housing assistance, and other services, in addition to urgent COVID-19 support.

Family of Friends Mentoring

Provides responsive adult mentors to help at-risk kids in Gresham to live healthy, meaningful, and productive lives.

Good Neighbor Center

Provides safe, emergency housing and empowering support services to families in Tigard experiencing homelessness, as well as emergency funds to keep people from losing their homes.

Growing Gardens

Uses the experience of growing food in schools, backyards, and correctional facilities to cultivate healthy, self-sustaining, and equitable communities.

Incight

Unlocks the potential of people with disabilities by combatting stigma and ensuring each individual's educational attainment, employment, and independence.

Milagro Theatre Group

Creates bilingual productions, culture, events, festivals, and educational events for Latinx and all Portlanders.

Music Workshop

Creates and delivers free, inspirational K-8 online music education for any school to teach regardless of their means or location.

Neighbor to Neighbor (Mt. Scott Church)

Creates community and interreliance through volunteers helping neighbors in need with various tasks and services.

The Pathfinder Network

Provides justice system-impacted individuals and families with the mentorship, support, and skills they need to disrupt recidivism, to be safe, and to thrive in their communities.

Portland Food Project

A volunteer-driven network of food donation and collection that provides a regular supply for 19 food pantries across greater Portland.

Portland Street Medicine

On-site health care, referrals, and resources to unhoused people in encampments across Portland, including COVID-19 education and monitoring.

Sexual Assault Resource Center

Provides resources and support for survivors of sexual violence.

Urban Gleaners

Collects delicious, fresh food before it goes to waste and distributes it to the people who need it most.

With Love Oregon

Provides clothing, supplies, resources, and community for foster families of children ages 0-6.



WHY GIVE

To The Portland Clinic Foundation

- Proven Impact

We give to nonprofits that improve community wellness, as selected through a rigorous evaluation process.
- Targeting Real Needs

We support smaller nonprofits and crucial organizations and communities underserved by other philanthropic programs.
- Contributions Go Farther

By pooling your contribution with others', your gift will help give bigger grants to nonprofits so that they can better fill our city's most urgent needs. Plus, because the foundation's expenses are paid by the clinic, 100 percent of every contribution will go straight to local nonprofits!
- Accessible, Equitable Grantmaking

Unlike many foundations, we keep our grant application straightforward and offer unrestricted funding. We believe that an organization's success should be determined by its impact on the community, not by its ability to fill out complicated forms.
- Stronger Community

When you give back to the community, you help break down divides, create shared understanding and experience, and build solidarity. By donating to The Portland Clinic Foundation, you can support a diverse range of nonprofits that are unifying and strengthening greater Portland!

100% OF EVERY CONTRIBUTION GOES STRAIGHT TO LOCAL NONPROFITS!

DONOR PROFILES

Sylvia Takeuchi Owens

Throughout the pandemic and protests, Sylvia Takeuchi Owens has been reflecting on the role of the individual in combatting social inequities. "I want people to start thinking about how each person can make a difference, how each person can make a change. I really think it starts with each individual."



This is not a new line of thinking for Sylvia. Her background in business, politics, and volunteering means she has experienced firsthand the difference that individuals can make. And in the many fundraising campaigns she has participated in, she has also seen what happens when individuals come together for collective impact.

That's one reason why The Portland Clinic Foundation appeals to her. "The foundation is trying to bring a lot of people to pool their resources together," she says. She also appreciates the diversity of its grants and its commitment to reducing socioeconomic and racial inequities. "When I read about the foundation, I thought that this is really what I want to do because it helps me get involved with a lot of groups that are making this society better—I don't have to pick just one."

A long-time patient of The Portland Clinic, Sylvia has now joined the foundation's Legacy Society by writing the foundation into her estate. It was an easy choice, she says. "To me, the foundation's mission and vision match my goals: they support the grassroots nonprofits that are helping people get a strong start from the beginning. I want this to be a part of my legacy."

Dr. Walter and Carol Smith

For Walt and Carol Smith, giving back is family tradition. "We both grew up in households that believed you should give back to your community," Carol explains.



Despite busy professional and family lives, Walt and Carol have spent decades volunteering for causes they love. Walt, a retired surgeon and a dedicated foundation board member, provided medical support for student athletes and also served on many orthopedic professional bodies. Carol, a retired school principal and professional musician, volunteers with and advocates for arts and educational organizations.

While their volunteering reflects their individual interests, they find common ground in charitable giving. "We've been best friends for many decades—54 years!—and as a family, we always make joint decisions about where to donate our funds," Carol says. Walt agrees, and adds that when they learned about The Portland Clinic Foundation, "we got swept up in it." After all, Walt had practiced for almost two decades at the clinic, so getting involved with the foundation felt like a homecoming. Plus, its mission resonated with both of them.

"My attraction to The Portland Clinic Foundation is a reflection of Carol and my philosophy of putting our volunteer and financial contributions directly into our community here," Walt says. "We like to apply our funds locally, so we can see some results directly, and we appreciate the breadth of needs that the foundation's grants fulfill."

FINANCIALS 2018-2020

FINANCIAL POSITION

	8/25/20	2019	2018
Assets			
Cash	52,089	79,505	59,410
Dr Naito Endowment Fund	-	-	250,000
Dr Naito Community Fund	41,955	40,740	10,740
Investments	250,000	250,000	-
Accrued investment income*	6,136	5,299	-
Contributions/grants receivable	82,114	1,500	6,608
TOTAL ASSETS	432,295	377,044	325,858
Liabilities and fund balance			
Grants payable	-	-	-
Fund balance	432,295	377,044	325,858
TOTAL LIABILITIES & FUND BALANCE	432,295	377,044	325,858
Revenue			
Accrued interest and dividends*	838	2,032	-
Donations (net realized & unrealized)	129,413	109,854	319,714
TOTAL REVENUE	130,251	111,886	319,714
Expenditures			
Grants	75,000	60,700	58,000**
Administrative expenses***	-	-	-
TOTAL EXPENDITURES	75,000	60,700	58,000
Excess of revenue over expenditures	55,251	51,186	261,714
Fund balance, beginning of year	377,044	325,858	64,145
Fund balance, end of year (or YTD)	432,295	377,044	325,858

*Endowment account is restricted; income is unrestricted.

**2018 was the final year of a 3-year, \$30k grant to the Medical Society of Metropolitan Portland, granted prior to the Foundation's rebirth.

***All administrative expenses paid by The Portland Clinic.

PLEASE JOIN US!

Donate Now And Help Support Our Work!

This has been a difficult year. Many of our neighbors are struggling to access the food, shelter, safety, and care that they need to survive and thrive. More than ever, The Portland Clinic Foundation’s work is needed. By donating today, you can join with others to help build a safer, healthier, more equitable Portland!

Ways to Give

How and when you contribute is up to you: a yearly check, a recurring monthly contribution, a one-time gift, a bequest, stock, or a fund set up in your or a loved one’s name to benefit this work in perpetuity. Contributions are fully tax deductible, and 100 percent of your gift will go back into the community via grants.

Donate Online

Visit www.theportlandclinic.com/foundation/donate. It’s easy!

Donate by Mail

Mail a check to:
The Portland Clinic Foundation
1221 SW Yamhill St., Ste. 400
Portland, OR 97205

More Ways to Donate

To donate stock, leave a legacy gift, or become a business contributor, please reach out to us. If you are on The Portland Clinic payroll, you can contribute by payroll deduction: all it takes is a quick one-time form. All contributions are tax-deductible.

Have Questions? Want to Learn More?

The Portland Clinic Foundation’s Executive Director Kris Anderson would love to hear from you. Email her at kanderson@tpcllp.com or call 503.221.0161 x 2154. Thank you!

THANK YOU

To Our 2019-2020 Contributors!

Foundation Legacy Society

Dr. Ronald W. Naito
Sylvia Takeuchi Owens

Visionaries' Circle (\$25,000+)

Ronald W. Naito MD Foundation
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Regence BlueCross BlueShield of Oregon**

Leaders' Circle (\$10,000-24,999)

Dr. Walter & Carol Smith

Ambassadors' Circle (\$5,000-9,999)

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