

Pelvic Ultrasound

Your physician has requested an ultrasound examination for you. We will be studying organs in your pelvic region. This exam causes little or no discomfort and requires relatively minor preparation.

- Empty bladder before starting prep.
- Slowly drink 24-32 oz. of water 1.5 hours before your scheduled appointment time, **finishing** 15 minutes prior to your arrival time.
- You may eat prior to exam.
- Do not empty bladder again until directed by a technologist. You will not be required to hold a full bladder for the entire exam.
- You must have a very full bladder to successfully complete this exam. Failure to completely fill your bladder will delay your exam or require your exam to be rescheduled.
- If you absolutely cannot hold your bladder while waiting for your appointment, check with the receptionist for further instructions.

Your appointment time is _____ am/pm

on _____.



Your appointment will be performed at:

Please check in at the registration desk when you arrive at the clinic. Children are not allowed in exam rooms. Please provide supervision for them if they accompany you to your appointment.

OUR DOWNTOWN LOCATION

**800 SW 13th Ave
Portland, OR 97205**

Call 503-221-0161 ext. 2217 for any questions regarding your examination.

OUR TIGARD LOCATION

**9250 SW Hall Blvd
Tigard, OR 97223**

Call 503-293-0161 ext. 4023 for any questions regarding your examination.