THE PORTLAND CLINIC

## FOUNDATION





## ABOUT The Portland Clinic **Foundation**

#### **OUR MISSION**

Through evidence-informed grantmaking, The Portland Clinic Foundation supports nonprofits across greater Portland that advance community wellness and the social determinants of good health.

#### **OUR GRANTS**

We offer unrestricted small grants to nonprofits in Clackamas, Multnomah, and Washington counties. Because we strive to fund equitably, we prioritize under-resourced communities and sectors, keep our grant application accessible, and always welcome questions and conversations.

#### **OUR MODEL**

We are funded through the generosity of The Portland Clinic and through individuals like you: patients, providers, friends, family, and colleagues who want to give back to carefully-vetted nonprofits that have real impact. Our expenses are paid by The Portland Clinic, which means that 100 percent of your contributions go to support Portland's most urgent causes and innovative nonprofits.

#### **OUR STORY**

The Portland Clinic Foundation was founded in 1963 after a long-serving clinic nurse left a gift in her estate. Dormant for over 50 years, the foundation was reborn in 2016 to advance community wellness across greater Portland by supporting innovative nonprofits working to solve our society's greatest challenges.

The Portland Clinic Foundation distributed its first round of grants in 2017, giving \$30,000 to sixteen remarkable nonprofits. With your generous support, we have increased our grantmaking annually, giving \$45,000 in 2018, \$60,000 in 2019, \$75,000 in 2020, and \$100,000 in 2021 to coincide with The Portland Clinic's 100th Anniversary.

We are proud that, in times that can feel isolating and disruptive, the foundation is actively partnering with organizations that build solidarity, work towards justice and equity, advance public health, and help all of our neighbors to be happy and to thrive.

#### **WHO WE ARE**

#### Board

Roger Alberty, MD Jessica Binkley, PsyD Laura Bledsoe, MD Doug Capps, Secretary Dick Clark Bob Dernedde Shannon Diede Ianson Holm, DPM Ian Horner, DO Marvin Kaiser, PhD Albert Khine, MD Mike Larson, Vice Chair Alyssa McLean, Chair Tina Mondragon, MD, Treasurer Laura Sage, MD Liz Size Walter Smith, MD

#### **Development Committee**

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#### **Outreach Committee**

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#### **Executive Director**

Kris Anderson

### **LETTER FROM OUR CHAIR**

Dear Friends,

I am so grateful for the opportunity to serve as The Portland Clinic Foundation's board chair. My passion for the foundation has grown year over year as we find new and creative ways to support our surrounding community.

We are happy to announce that through generous donors like you, we achieved our goal of giving \$100,000 in grants to nonprofit partners in 2021. Thank you, thank you, thank you!

To all the applicants who wrote to us during the grant season, thank you for the incredible work you are doing in the greater Portland area. You have shed light on areas of need that cannot always be easily seen, and you serve causes worthy of time, energy, and funds. The foundation will continue to work hard fundraising to financially support you in your work.

Thank you, too, to everyone who has helped with our in-kind goods drives. Because of you, this year we have given an estimated \$24,000 worth of supplies for wildfire evacuees, farmworker families in quarantine, unsheltered and food-insecure people (and their pets), and more. These drives take a village, and we are so grateful for your passion, shopping, and heavy-lifting.

This year, we have once again been trusted with a \$30,000 grant from the Ronald W. Naito MD Foundation. Their continued support over the last few years has helped sustain our growth and impact. Dr. Naito and his family remain ever-present in our thoughts as we try our best to serve his memory with absolute respect.

We are also grateful to the clinic's centennial sponsors, whose support benefited the foundation. In particular, our huge thanks to lead sponsor Regence BlueCross BlueShield.

Finally, I want to give a special thanks to my fellow board members, who have guided me through the nuances of board life and have been gracious when I forget the right words (like "motion to approve? Second? All in favor?"). Your kindness towards me is also reflected in how you nurture and care for our foundation. I am, guite simply, so grateful to have you in my life.

With gratitude from my heart to yours,

Alyssa McLean, Board Chair, The Portland Clinic Foundation, and Branch Manager, The Portland Clinic-Northeast



## **Recent Highlights**



Dollars granted in 2021, a 233% increase from 2017 (our first year of grantmaking)



Pounds of food donated in a collection drive for Portland Food Project



Estimated dollar value of in-kind goods donated to nonprofit partners in the last 12 months



Dollars given, per individual, in pandemic relief direct aid by grantee North by Northeast Community Health



Number of pets owned by unhoused people that received free veterinary care through grantee PAW Team last year



Latinx households signed up to receive pandemic public health updates by text message through grant to Bienestar



Dollars in matching funds given to foundation grantees in 2021 by Providence Health & Services' Community Health Division



Number of checkin/social phone calls made during the pandemic to people who are elderly and

disabled by grantee

Store to Door

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## **MEET OUR 2021 GRANTEES**



Shortly after Chris left the military in 2000, he was diagnosed with post-traumatic stress disorder (PTSD) and Type 1 Diabetes. He spent eight years cycling through various Veterans' Administration (VA) programs to get better but still had problems leaving the house. "I was severely agoraphobic and hypervigilant," he says. "I tried tons of groups, medications, I was hospitalized ... I was averaging 45 minutes of sleep a night. It was unbearable to feel that kind of fear 24/7."

He wrote a letter to Paws Assisting Veterans (PAVE), located in Cornelius, Ore., which accepted him into their service dog program. After four months with his service dog, Chief, he was volunteering with his kids' school, sleeping better, and had been taken off his anti-psychotics and antidepressants. "Everything has slowly improved with Chief," Chris says. "My quality of living would have been cut in half without him; I don't even know if I would still be here without him."

Customized service dogs often cost over \$25,000 per individual, and the VA seldom covers the cost. PAVE provides service dogs to veterans with disabilities free of charge. These dogs provide a wide range of services, ranging from emotional support to physical tasks to medical alerts. Veteran Alex (pictured), who lost both legs, one hand, and suffered a lack of oxygen to the brain as a result of an improvised explosive device in Afghanistan, was placed with Troy, who serves all of these roles for him.

The pandemic has been challenging for PAVE's veterans, many of whom already struggled with isolation. "COVID-19 has been very hard on them and on our training efforts," says Michelle Nelson, PhD, president of PAVE. The foundation's grant will help PAVE provide additional support to retrain veterans and their dogs to move confidently in public again. "It will take a concerted, intensive effort to help our teams to be comfortable again," Dr. Nelson says.



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Patricia Iordan worked as a nurse and addiction support specialist for several years, but when she began volunteering with the Oregon Department of Corrections, she found a second calling. Jordan (Creek Nation) now helps provide Native American religious services and culturally-responsive mental health programs for incarcerated Indigenous people.

These programs fill an obvious need, Jordan explains: Native Americans have long suffered from overrepresentation in Oregon's criminal justice system. Recidivism, too, has haunted Native communities, which have the second highest recidivism rate of any racial group in the US. It is clear that centuries of anti-Indigenous racism, cultural genocide, and disenfranchisement have left a devastating legacy.

"People who commit crimes are often victims of crime," Jordan says. "It's really sad to see the cycles of chemical addiction, violence, abuse, hatred, hopelessness, and neglect [that lead to incarceration]. And then to see people released from prison without family support systems, or job or life skills. It's really a set-up: seeing people come back to prison is heartbreaking."

Jordan started Red Lodge Transition Services in 2006 to combat these trends. Red Lodge provides services in 13 out of 14 Oregon state prisons and two jails. "We serve over 1,500 individuals annually," Jordan says.

Native American cultural practices are central to Red Lodge's work, she says. "A lot of our people have missed out on that part of their identity, and they want to rebuild their lives on it. Access to culturallyresponsive behavioral health is not only essential

> to communities of color, it is best practice!"

Accordingly, Red Lodge's support continues after a person's release, providing the mentorship, referrals, and cultural community they need to thrive upon re-entry. Red Lodge also operates a transitional residence, located in Oregon City, that offers extensive cultural and re-entry support services to six women at a time.

"Seeing our people go from nothing to getting into permanent housing, having a bank account and a driver's license ... it makes you realize that we're saving lives here," Jordan says. "Our success rate is why I keep doing this. If Red Lodge wasn't here, a person might not make it." Plus, she adds, "directly helping one person often indirectly helps a dozen. People send money home, they become peer mentors ... there's a ripple effect to this work!"



### Howard's **Heart**

As of 2018, 27% of Oregon's children in foster care were ages 13-18+, and yet very few specific services or organizations cater for teenagers' care. Amy Bunker, a former Department of Human Services (DHS) caseworker, realized that the teens she worked with were constantly slipping through the cracks — maybe they received leftover holiday gifts from a Toys for Tots drive, but they seldom received support tailored to their real-life needs.

Bunker and her friend Jennifer Boling co-founded Howard's Heart to fill that gap. They began with a holiday gift drive in 2017 that was a huge success, fulfilling every single wish-list item for 95 Portland teens. "After that, we realized that we needed to do this full time. These teens have jobs and menstrual cycles and shave — they need special support," Boling says.

Self-expression and choice are at the core of Howard's Heart's work, Boling notes. "We knew from the start that we needed to create an organization where teens and youth in foster care were offered a chance to speak for themselves. We don't assume that we know what these kids' needs are, but instead we endeavor to ask."

They heard from teens that needed work boots, sports equipment, and age-appropriate school supplies. They heard from Black teens who needed products for Black hair. Transgender teens sought chest binders. One teen asked for a bike to get to and from work; another asked for diapers for her newborn baby. Howard's Heart listened, rallied its many supporters, and quickly sourced teens' requests.

A few years on, Howard's Heart has expanded quickly. It has "Essentials" counters at DHS locations for teens to grab what they need. It also has a drop-in "shop" in Lloyd Center mall, and will soon launch an ongoing, online wish-list that teens can access directly. Best of all? There are no strings attached. "We don't ask for anything in return: no sob-story essay, no profuse thank yous to donors," Boling says. "We're trying to bring dignity to them. To watch them take what they need without having to deal with red tape, re-live their trauma, or give anything in return — that's a joy!



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Growing up LGBTQ+ is seldom easy, especially for kids who live in smaller communities or rural areas. Many LGBTQ+ youth feel unsafe at school, experience high levels of harassment, and have elevated rates of homelessness and suicide. In Clackamas County, 29% of LGBTQ+ youth say that they do not have a trusted adult to talk to, and 25% say they do not feel safe within their own home.

The Living Room was founded to create a safe and supportive community for LGBTQ+ youth throughout rural Clackamas County. It interprets its mission both directly — by hosting gatherings at which youth can bond and learn — and systemically, working through education and advocacy to make all of Clackamas County welcoming to LGBTQ+ youth.

"We know that it takes a village, and so we try to be involved in all of the systems that youth are involved in," says Chelsea Varnum, executive director. "We end up benefitting the community in a larger way: our goal

is to create a community so wonderful that our youth don't have to move away to be who they are."

The Living Room has five key programs: weekly dropin sessions in towns across the county; professional peer support; events, ranging from Pride parades and Alternative Prom to hikes and a youth conference;

> community education, to help other organizations and government better serve LGBTQ+ youth; and school support, which works with teachers and students to do likewise.

When The Portland Clinic Foundation first granted to The Living Room in 2018, it had two staff members and a tiny budget. Now, it has a staff of five, 42 volunteers, and robust permanent

programming. "The Portland Clinic Foundation grants have been pretty influential for us," says Varnum. "Your grants have provided seed funds for programs that have been sustained, including our youth advisory council, peer support, and our resource closet. It's been a really cool and impactful partnership!"



Founded in 2017, Bridges Collaborative Care Clinic provides free health care and health education in Southeast Portland. Located at Transition Project's Laurelwood Center, which serves 120 people experiencing homelessness, Bridges is Oregon's first multi-institutional and multidisciplinary student-run free clinic, offering low-barrier health services

that are provided by over 70 volunteers studying medicine, dentistry, public health, nursing, social work, and other health-related fields.

"I started volunteering with Bridges because I believe that everyone should have access to health care that meets them where they are," says Delaney Shea, a PhD student in biomedical/medical engineering at Oregon Health & Science

University. "It's a human right, and we need to take responsibility for each other." As a project organizer and grant writer for Bridges, Shea is helping to implement a laboratory services project for the clinic and is also leading a project offering sexual health kits and workshops.

"The coolest thing that happened to me so far at Bridges was when we received the grant from The Portland Clinic Foundation to fund three years' worth of sexual health kits and educational resources," Shea says. "Sexual and reproductive health are pretty stigmatized topics, but they're really important: everyone deserves to have the education and resources they need to make sexually healthy choices and take care of their reproductive health."

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of Bridges' offerings, however. In addition to providing weekly primary care to participants, Bridges hosts vaccine fairs, dental clinics, dermatology clinics, and workshops on everything from smoking cessation to health care navigation to yoga. Its volunteers also made over 11,000 masks for vulnerable communities, distributed pandemic care

Sexual health is just a small part

packages to isolated Asian elders, and fundraised for Transition Projects' shelters.

"Ultimately," says Shea, "Bridges' volunteers see their work as mutually beneficial: the program advances health for people experiencing homelessness, but it also gives students valuable hands-on experience and cultivates a passion for equity in the health care professionals of tomorrow."

Founded in 2004, Incight was the brainchild of Scott Hatley and Vail Horton, two college friends both affected by disability. From firsthand experience, they knew the constant stigma that people with disabilities face, but they also knew their tremendous potential when given support and opportunities.

"I grew up in West Linn — well-off families, nice houses," Hatley says. "Kids are on a college path: it's not are you going, but where are you going."

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However, most students with disabilities face a very different set of assumptions, he says. "We talk to students whose teachers don't talk to them about college or vocational training. There's a giant vacuum because people aren't getting positive messaging: it becomes disempowerment."

This is compounded, he adds, by lasting stigmas that prevent people with disabilities from being seen as qualified job candidates or as self-governing individuals.

Incight was created to support people with disabilities and other barriers through transitions to post-secondary education, the workforce, and independent living. Its name — a combination of "insight" and "incite"— distills its commitment to building understanding and

to catalyzing social change. As Hatley explains, "Our team strives to inspire an attitude shift that's grounded in ability, not disability."

Incight's programs work with high school and college students, recent graduates, and older people, including people who are unemployed and sometimes unhoused. Its programs are diverse: job training and fairs; internships; scholarships; high school visits and counselling; college tours; networking events; life

skills classes; and connections to resources for independent living.

During the pandemic, Incight adapted quickly, creating a webbased, ADA-accessible resource with lessons, videos and activities flexible to the needs of learners and their educators. It can be

delivered to a whole group in a virtual classroom, accessed independently for asynchronous work, and, when in-person instruction resumes, it will work well in a traditional classroom. The Portland Clinic Foundation's grant, Hatley says, has really helped Incight to expand the number of students reached by this Transitions curriculum. "We are so thrilled to receive continued support from the foundation during this challenging time. Thank you!"

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Earlier in 2021, The Portland Clinic Foundation's outreach committee organized a collection drive for Portland Food Project (PFP) which resulted in the donation of over 925 pounds of food and several hundred pounds of hygiene supplies.

Portland Food Project's work is invaluable, providing regular food deliveries to 19 pantries across greater Portland that serve a huge breadth of low-income and food insecure individuals and families. It is also entirely grassroots: organized by 112 volunteers, Portland Food Project empowers neighbors to compile bags of donated items, which PFP then collects, sorts, and distributes across its network.

"Because of COVID-19 and rising housing costs, more and

more people have found themselves in challenging financial positions," says Karen Beck, a member of PFP's steering committee. "People are forced to make difficult decisions between food and housing, or food and medical care. And pandemic school closures have made it worse for families that rely on school meals

for kids' nutrition. We try to fill in that gap, to support people who are on marginal incomes and to keep them in their homes, keep people fed, keep families well."

Being a volunteer-run organization makes the work feel very personal, Beck says. "I have 20 donor

> families on my pick-up route, and I've gotten to know some really well. It helps me feel more connected to my community, and [through PFP's food pantry donations] to support neighbors that I might not otherwise recognize as struggling."

Of course, sometimes grassroots organizations themselves need a little boost, Beck adds, and PFP has benefitted from grants that help it to be more

responsive to demand. "Because the need continues to rise, PFP is trying to increase the amount of food that we're donating," Beck says. "The Portland Clinic Foundation's grant this year has allowed us to do that by supporting additional food collection and distribution days."

### **Sexual Assault Resource Center**

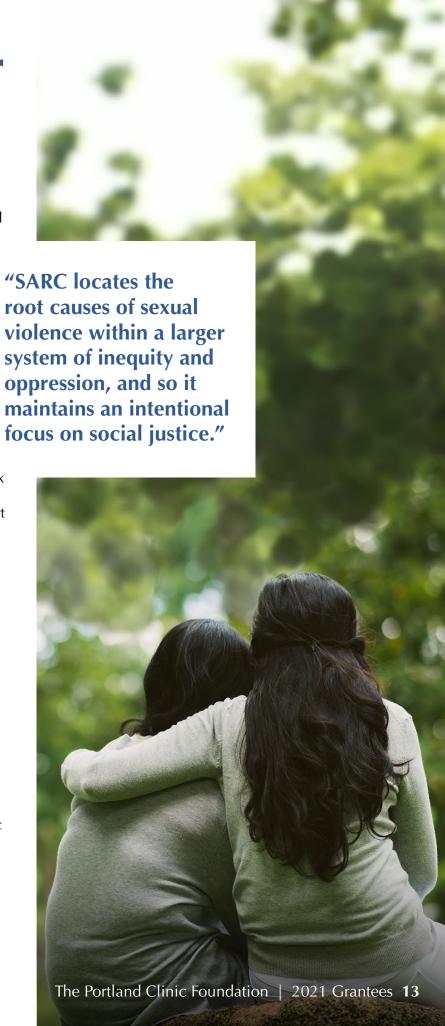
According to the Rape, Abuse & Incest National Network (RAINN), incidents of sexual violence have fallen by half in the last 20 years. Yet during the pandemic, incidents of domestic and sexual violence increased significantly. Not only were many people locked down in stressful context and consistent contact with their abusers, but safety and support networks struggled to keep pace with elevated demand while adapting to pandemic safety restrictions.

The Sexual Assault Resource Center (SARC), based in Beaverton, has worked both upstream and downstream of these crises since 1977. Prevention is key to SARC's work: it helps to lower rates of sexual assault through community education programs, including school-based programs that educate 5,000 students per year.

It also provides responsive, bilingual crisis support for survivors of sexual assault, including sex workers and people who are being sex trafficked. SARC's crisis response includes intervention support (both phone and in-person) available 24 hours a day, 365 days a year, as well as referrals to shelters and the provision of certified advocates to help survivors move through the police reporting and medical exams. SARC also provides ongoing care for survivors, including long-term counseling and support groups, case management, and advocacy. On average, it serves 1,500 survivors of sexual assault annually.

"Policy advocacy is also core to our mission," says Brandy Selover, SARC's executive director. "SARC locates the root causes of sexual violence within a larger system of inequity and oppression, and so it maintains an intentional focus on social justice."

In her two decades working to end sexual and gender violence, Selover says she has seen catalytic shifts in how society thinks about intersectional oppression, equity, and social accountability, all of which tie into SARC's work at the frontlines of sexual assault. "This work to end sexual violence motivates me because I have come to understand that we as a society are empowered to dismantle oppressive systems through our individual interactions as well as through [collective activism to] influence social norms and policies."



## **ADDITIONAL 2021 GRANTEES**

#### **ASSIST**

Supporting casework to win social security benefits for severely disabled low-income or unhoused people, guaranteeing them lifelong income.

#### **Black United Fund of Oregon**

Supporting a laptop lending library for low-income youth of color, so they can have access to BUFOR's educational, post-secondary, and career programs from home.

#### **Boost Oregon**

Supporting vaccine literacy initiatives amongst parents (for childhood vaccines) and adults (for the COVID-19 vaccines), including culturally and linguistically specific outreach to communities with high rates of vaccine skepticism.

#### **Bradley Angle**

Supporting Healing Roots, a domestic violence survivor support program for African American women who, during the pandemic, have experienced particularly high rates of violence.

#### **BRAVO Youth Orchestras**

Supporting in-depth after-school music programs in Title 1 schools, for students in grades 3-10 who wouldn't otherwise receive music tuition (and the associated academic benefits).

#### Centro Cultural del Condado De Washington

Supporting a venerable organization that provides a wide range of services, direct assistance, outreach to, and advocacy for Washington County's Latinx community.

#### **Clackamas Service Center**

Supporting its food pantry, hot meals, service referrals, and other wraparound services for low-income and unhoused individuals and families.

#### **Coalition of Communities of Color**

Supporting the operations of this leading racial justice research, policy, and advocacy coalition.

#### **Family Justice Center of Washington County**

Supporting this umbrella organization that provides a range of services (legal, housing, counseling, child care, and more) to survivors of domestic violence.

#### **Family of Friends Mentoring**

Supporting this long-term mentorship program for low-income students at Title 1 schools and in SUN programs in Gresham and east Portland.

#### **Hollywood Senior Center**

Supporting this essential provider of advocacy and community for low-income elderly people during its merger with the Giving Tree and Asian Food Pantry.

#### **Ikoi no Kai Community Lunch Program**

Supporting the reopening of a culturally-specific meals and community-building program for Japanese American elders.

#### **Music Workshop**

Supporting technology acquisition to develop additional free, culturally-specific music education curricula that supports thousands of students.

#### **North by Northeast Community Health Center**

Supporting the only affordable health care provider specifically for African Americans and Black people in Oregon.

#### **Painted Horse Recovery**

Supporting culturally-specific addiction and recovery peer mentorship for Native Americans and Native Alaskans.

#### **Portland Animal Welfare (PAW) Team**

Supporting free veterinary care for the companion animals of people who are unsheltered or who are very low-income.

#### **Portland Fruit Tree Project**

Supporting the harvesting of donated fruit from trees and its distribution to food pantries and other food insecurity-focused nonprofits.

#### **Portland Refugee Support Group**

Supporting direct assistance program for refugee families struggling from the economic and health impacts of the pandemic.

#### **Portland Street Medicine**

Supporting street medical care provided to people who are unhoused in the places where they reside.

#### **Rahab's Sisters**

Supporting the hire of a program manager to provide additional meals, referrals, and advocacy for unhoused women and non-binary people in east Portland.

#### Rose Haven

Supporting this community and resource center for women, children, and non-binary people who are unhoused.

#### **Store to Door**

Supporting the expansion of their grocery delivery program to more homebound seniors and people with disabilities.

#### The Children's Book Bank

Supporting home libraries for low-income children in partnership with other literacy nonprofits.

#### **The Shadow Project**

Supporting low-income students who need adaptive technologies and other alternative learning strategies.

#### **Tualatin Hills Park Foundation**

Supporting summer mobile recreation labs for people who are homebound, have chronic health conditions, or who otherwise couldn't access park activities.

#### **Voz Workers' Rights Education Project**

Supporting the safe employment of day laborers across Portland, and advocacy for their rights.

#### **Wisdom of the Elders**

Supporting storytelling and the cultural preservation and celebration of Pacific Northwest Native Americans.

#### **With Love Oregon**

Supporting supplies and resources for foster parents of children ages 0-6.

### **Grants Total: \$100,000**



## WHYGME **To The Portland Clinic Foundation**

**Proven Impact** We give to nonprofits that improve community wellness, as selected through a rigorous grant evaluation process.

**Targeting** We support smaller nonprofits and crucial Real Needs organizations and communities underserved by other philanthropic programs.

**Contributions** By pooling your contribution with others', Go Farther your gift will help give bigger grants to nonprofits doing urgent work. Plus, because the foundation's expenses are paid by the clinic, 100 percent of every contribution will go straight to local nonprofits!

**Grantmaking** 

**Accessible,** Unlike many foundations, we keep **Equitable** our grant application simple and offer unrestricted funding. We believe that an organization's success should be determined by its impact on our community, not by its ability to fill out complex forms.

Community

**Stronger** Giving back to the community breaks down divides, increases empathy and understanding, and builds solidarity. By donating to The Portland Clinic Foundation, you can support diverse nonprofits that are unifying and strengthening greater Portland!

100% OF EVERY CONTRIBUTION GOES STRAIGHT TO LOCAL NONPROFITS!

## **DONOR PROFILES**

#### **Susan Bitz**



Susan Bitz never places herself at the center of attention — "I don't think I'm any special anything." she says — but we think she deserves the spotlight as one of The Portland Clinic Foundation's earliest supporters.

Since The Portland Clinic Foundation was reborn in

2016, Bitz has donated generously, raised awareness about its work, and coordinated fundraisers and in-kind goods drives to benefit the foundation's grantmaking and grantees. For Bitz, who is manager of The Portland Clinic-Downtown branch, there is no such thing as a quiet day at the office. Nevertheless, she has been creative at finding ways to support both the foundation's wider community while also supporting her own community of patients, providers, and staff.

"Dedication to my job and dedication to others are both really important to me," Bitz says. "I've always been interested in community work, but I haven't been able to do it as much as I've wanted. Being a part of the foundation is amazing because you can help out without having to commit too much time. If I can take half an hour out of my workday occasionally to help with the foundation, it grounds me and helps me to set day-today stresses aside."

The giving options are convenient, too, Bitz adds. "Contributing by direct deposit is easy, and I can trust that my money is going to community services that have been carefully vetted. I really like both giving monetarily and helping with the foundation's in-branch initiatives. It makes me feel like I'm part of the bigger picture!"

#### Chris Hyun, MD



Chris Hyun, MD, a gastroenterologist at The Portland Clinic, has deep roots in his community. "Right now, I'm at the Tigard office, which is about a mile away from where my family lived forty years ago. I often drive by my high school, and it's a weird feeling — so much has changed, but so much is the same." Although Dr.

Hyun moved away from Portland for many years, first for college and medical school and then for twelve years as a U.S. Navy physician, he also relished the opportunity to return. "I grew up here, and this is my homeland. This community means a lot to me," he explains.

His involvement with The Portland Clinic Foundation was born out of that passion. Dr. Hyun was one of the foundation's earliest supporters, and for him, its mission makes sense. "We benefit from our community both as a company and as individuals. For us to be able to mirror community needs and participate in community advancement through these grants is important."

Dr. Hyun's own generosity is motivated by a similar sense of gratitude and reciprocity. "I was helped by grants and scholarships throughout my education and career, which removed obstacles for me. That's my motivation to give now. The foundation is supporting people's needs, and that support might change their lives. Hopefully thirty years from now, those people can say what I'm saying and can give back themselves. I think the foundation is a great cause, and it will have long-term relevance and impact."

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### **FINANCIALS 2018-2021**

#### **FINANCIAL POSITION**

Assets					
Cash		128,301	141,484	79,505	59,410
Dr Naito Endowment Fund		-	-	-	250,000
Dr Naito Community Fund		57,955	41,955	40,740	10,740
Investments		250,000	250,000	250,000	-
Accrued investment income*		19,098	14,023	8,823	-
Other receivable		-	-	-	68
Contributions/grants receivable		19,802	13,505	1,500	5,640
	TOTAL ASSETS	475,157	460,966	380,568	325,858
Liabilities and fund balance					
Grants payable Fund balance		- 475,157	460,966	380,568	- 325,858
	TOTAL LIABILITIES				
	& FUND BALANCE	475,157	460,966	380,568	325,858
Revenue		- 0	<b>5</b> 000		
Accrued interest and dividends*  Donations (net realized & unrealized)		5,075 109,115	5,200 150,448	5,556 109,854	319,714
	TOTAL REVENUE	114,190	155,648	115,410	319,714
Expenditures Grants Administrative expenses**		100,000	75,250 -	60,700	58,000 -
	TOTAL				
	EXPENDITURES	100,000	75,250	60,700	58,000
Excess of revenue over expenditures		14,190	80,398	54,710	261,714
Fund balance, beginning of year		460,966	380,568	325,858	64,145
		<del>1</del> 00,300	300,300	323,030	0.,

7/30/21

2019

2018

2020

\*Endowment principal is restricted; endowment earnings are unrestricted.

\*\*The Portland Clinic pays for all administrative expenses, so 100% of contributions go to grantmaking.

# PLEASE JOIN US! Donate Now And Help Support Our Work

It has been a difficult two years. Many of our neighbors are still struggling to access the food, shelter, safety, and rights they need to survive and thrive. More than ever, The Portland Clinic Foundation's work is needed. By donating today, you can join with others to help build a safer, healthier, more equitable Portland.

#### Ways to Give

How and when you contribute is up to you: a yearly check, a recurring monthly contribution, a one-time gift, a bequest, a stock or vehicle donation, or a fund set up in your or a loved one's name to benefit this work in perpetuity. Contributions are fully tax deductible, and 100 percent of your gift will go back into the community via grants.

#### **Donate Online**

Visit www.theportlandclinic.com/foundation/donate. It's easy!

#### **Donate by Mail**

Mail a check to: The Portland Clinic Foundation 1221 SW Yamhill St., Ste. 400 Portland, OR 97205

#### **More Ways to Donate**

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