

THE PORTLAND CLINIC

FOUNDATION

advancing community wellness 2022



ABOUT

The Portland Clinic Foundation

OUR MISSION

Through evidence-informed grantmaking, The Portland Clinic Foundation supports nonprofits across greater Portland that advance community wellness and the social determinants of good health.

OUR GRANTS

We offer unrestricted small grants to nonprofits in Clackamas, Multnomah, and Washington counties. Because we strive to fund equitably, we prioritize under-resourced communities and keep our grant application accessible.

OUR MODEL

We are funded through the generosity of The Portland Clinic and through individuals like you: patients, providers, friends, family, and colleagues who want to give back to carefully-vetted nonprofits that have real impact. Our expenses are paid by The Portland Clinic, which means that 100 percent of your contributions go to support Portland's most urgent causes and innovative nonprofits.

OUR STORY

The Portland Clinic Foundation was founded in 1963 after a long-serving clinic nurse left a gift in her estate. Dormant for over 50 years, the foundation was reborn in 2016 to advance community wellness across greater Portland by channeling the community spirit of The Portland Clinic's patients, providers, employees, and friends.

The Portland Clinic Foundation distributed its first round of grants in 2017, giving \$30,000 to sixteen remarkable nonprofits. Through the generosity of our wonderful donors and volunteers, we have increased our grantmaking annually from \$45,000 in 2018 to \$110,000 in 2022.

The Portland Clinic Foundation's grants support nonprofit organizations ranging from frontline service providers to advocates for systemic change. We are proud that, in times that can feel isolating and divisive, the foundation is actively partnering with organizations that build solidarity, work towards justice and equity, advance public health, and help all of our neighbors to be happy and to thrive.

WHO WE ARE

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Kris Anderson

LETTER FROM OUR CHAIR

Dear Friends,

I am inspired by the word “hope” this year. While we are surrounded by negativity, I am making a strong effort to seek out the good, the positive, and all the feels. We cannot always be handed good news, but we do have the power to create it.

I hope that as we have grown as a foundation, you have found something in our work that inspires and engages you, whether it be our in-kind goods drives, online auction, volunteering, or our grants.

Our nonprofit partners make an incredible impact on our community. The fact we can be a small part of their work gives me hope for the greater good. We distributed a record-breaking \$110,000 to them this year, and that would not have been possible without you—all of our donors and supporters. A special thanks to the Ronald W. Naito MD Foundation for honoring us with their grant of \$30,000.

To all those who have donated, I hope you see the variety of nonprofits we have supported with your help and are proud of the breadth of communities represented. Thank you to our grants committee

volunteers, too, who are extremely thoughtful about how your dollars are spent.

We are saying goodbye to some of our founding members of the foundation this year: Dick Clark, Liz Size, Dr. Ian Horner, Bob Dervedde and Dr. Roger Alberty. We are so grateful for everything they have given us. I am hopeful we will find new board members who will help continue all the incredible work that these five undertook.

We are living through challenging times, when it is not always easy to find hope, but I find that in each other, there is so much to be grateful for.

Sending all my good thoughts to you,



Alyssa McLean, Board Chair, The Portland Clinic Foundation, and Branch Manager, The Portland Clinic-Northeast

“I support The Portland Clinic Foundation because I see the direct benefit to people I know and care for professionally and personally. The foundation really does help those who need it most, right here where we live.”

– Mary Ellen Ulmer, M.D.



Recent Highlights



110,000

Dollars granted in 2022, a 267% increase from 2017 (our first year of grantmaking)



23,000

Estimated dollar value of in-kind goods donated to nonprofit partners in the last 12 months



58

Number of COVID-19 vaccine education events hosted in 2021 by grant recipient Boost Oregon



159,900

Pounds of food distributed to food pantries in 2021 by grant recipient Portland Food Project, equaling 133,122 meals



3,700

Number of survivors of domestic violence supported by grant recipient Family Justice Center of Washington County in 2021



475

Estimated number of books donated to low-income children through foundation collection drive for grant recipient The Children’s Book Bank



1,348

Number of pets from unhoused or extremely low-income families that received free veterinary care in 2021 by grant recipient Portland Animal Welfare Team



24

Number of Afghan refugee families that received new electric kettles and rice cookers thanks to foundation board appeal, distributed by grant recipient Portland Refugee Support Group

2022 GRANTEEES

MEET OUR 2022 GRANTEEES

The Shadow Project



Founded in 2003, The Shadow Project is on a mission to make school more accessible and engaging for children with learning differences. A lean organization with only five full-time staff members, it nevertheless serves over 1,800 students per year in 45 different schools and seven school districts.

“We provide resources that break the cycle of disengagement and shame so that students affected by dyslexia, ADHD, autism, and trauma can achieve their goals, build confidence and take ownership of their learning,” says executive director Sharon Juenemann. “I’m a parent of a student who has learning challenges and who has struggled and succeeded with support. I want every young person in Oregon to have the support they need, so they and their families don’t have to go through what my family went through. It’s painful, it’s expensive, it costs our schools and our economy. And we as a society can’t afford to lose what these kids have to offer.”

The Shadow Project evaluates its school-based programs carefully and has proof that its initiatives work: in 2021-22, mentored students gained 1-2 grade levels in reading, and 93% of students improved their goal-setting skills. In addition, 73% of students who used new in-school sensory spaces—areas designed to allow kids with learning differences to process and refocus—increased their ability to self-regulate so they could stay in class and learn.

Currently, The Shadow Project is building a new model of partnership with school districts aimed at reaching students more comprehensively. Grants from The Portland Clinic Foundation have helped them reach this point, Juenemann says. “What I’ve appreciated about the foundation is that it gives general operating grants, which are the holy grail. It means you trust us to put the dollars where they’re needed most.”



Returning Veterans Project

According to a 2021 study by the U.S. Department of Veterans Affairs (VA), fewer than 50% of returning veterans in need of mental health treatment receive it. The National Alliance on Mental Illness reports that suicide rates for military service members and veterans have increased by 25% in 2020 alone.

Despite military efforts in recent years to break down stigmas around mental health, many barriers remain for veterans in need of support. A persistent culture of stoicism remains, and those veterans who do seek help often struggle with VA admission paperwork, long wait times, service and geographic limitations, and fears about confidentiality.

The Returning Veterans Project (RVP) was founded to break down these barriers to care, helping to ensure that any post-9/11 veteran, active-duty service member, or family member can access free, confidential health services from independent mental and physical health providers.

“RVP has a really innovative model,” explains Nick Hardigg, RVP’s interim executive director. “We’re administering a volunteer network of over a

hundred health care providers who donate their time. A person phones up or visits our website needing care, and we connect them with a provider who can provide that care free of cost. It’s very efficient.” RVP also trains providers in their network to learn about veterans’ specific needs, so that providers receive continuing education and RVP’s patients receive tailored care.

“Balancing my fly fishing with my therapy became like a shield for me, a strength. It took me a while to get where I’m at. It took a lot of grit and a lot of support.”

Navy veteran Chad Brown found RVP after being diagnosed with post-traumatic stress disorder (PTSD), becoming unhoused, and attempting suicide. RVP connected him to a therapist who began working with him to process his traumas and develop coping skills and solutions.

Around the same time, a friend introduced him to fly fishing. Brown now runs a nonprofit called Soul River, which partners veterans with urban youth for mentorship excursions in nature. Brown reflects that “balancing my fly fishing with my therapy became like a shield for me, a strength. It took me a while to get where I’m at. It took a lot of grit and a lot of support.”



Open Hearts, Open Minds

The Portland Clinic Foundation's grants often target small organizations serving communities that are under-resourced and less visible to the wider public. Grant recipient Open Hearts Open Minds (OHOM) works with one of the least visible populations: Oregon's incarcerated communities. Founded in 2007, OHOM grew from a single theater production inside a correctional facility into an organization whose sole focus is to support individuals serving prison sentences through art, creative expression, and dialogue.

"Personally, I was someone without any prior experience with incarceration," says OHOM executive director Carla Grant. "I had an idea of who was incarcerated and why, and I was totally wrong. In prison, you will find the most creative, inventive, resilient, and loving people you could ever meet."

OHOM's programs range from talking circles and participatory theater productions to concerts, a ukulele lending library, a recording studio, and more. During

"If the goal of prison is rehabilitation, then we need to tap into opportunities to create community, discover new parts of ourselves, and change our self-identity."

the pandemic, when the prisons were closed to visitors, OHOM shifted to correspondence-based outreach and remote scriptwriting workshops. It also formalized a post-incarceration alumni network, which now collaborates on creative projects with incarcerated people to provide mentorship and hope.

Prisons provide for basic needs, says Grant, but often fail to provide a humane, dignified experience for people in their custody. "If the goal of prison is rehabilitation, then we need to tap into opportunities to create community, discover new parts of ourselves, and change our self-identity."

Within nonprofits, Grant adds, "We have a tendency to emphasize the negative and to trot out traumas, when we really should lean into our joy." One of OHOM's alumni, Grant recalls, said that what she treasures about OHOM is simply the opportunity to be herself. "She doesn't have to be an addict," says Grant. "She can just be. Don't underestimate the joy in that."



Raíces de Bienestar

Raíces de Bienestar (Roots of Wellness) is a young nonprofit—just over a year old—but co-founders Ruth Zúñiga, Ph.D., and Bonnie Lerner bring decades of experience to its work. Its mission—to provide culturally grounded mental health care, training, and community for Latinx people in Oregon and beyond—is distilled from Dr. Zúñiga's work as a clinical community psychologist and educator and Lerner's work with Providence Health & Services.

The cornerstone of Raíces is its community liberation program, which trains Latinx community leaders and traditional health workers to practice self-care, to address mental health stigma, and to advance mental health awareness and services in their communities. The organization's Latinx constituents—particularly farmworkers—often face social stigma and financial and geographic barriers to mental health care, says Dr. Zúñiga. To combat these obstacles, Raíces targets local leaders and health workers who can help shape opinions and behaviors in their communities. "Our training starts with the community leader and asks,

"When people can learn together and bring their gifts, in a space that celebrates their community, you can see healing happen."

first, 'What can you do for yourself?'" she says, "and then, 'What can you do for your community?'"

In addition to this program, Raíces also consults with health and service organizations to help tailor their services to Latinx populations, and provides limited behavioral health services for uninsured and under-insured Latinx people.

As a Costa Rican immigrant raised in a rural subsistence community, Dr. Zúñiga understands the stresses and traumas of many immigrant farmworkers. She also knows that poor mental health affects physical health, family health, family economics and community resilience.

"I'm part of the community. This is my passion," she says. "Working with these leaders and community health workers is powerful, beautiful and fulfilling. When people can learn together and bring their gifts, in a space that celebrates their community, you can see healing happen."



Rahab's Sisters

If you have driven the I-205 or 82nd Avenue corridors through the east side of Portland, you have probably seen the many unhoused people living in the margins of this low-income region.

Poverty is nothing new to the area. Nineteen years ago, a local church began offering a warming shelter and coffee for nearby sex workers. Soon, the project expanded its services, and eventually it spun off into an independent, secular nonprofit now known as Rahab's Sisters.

Today, as executive director Desiree Eden Ocampo explains, its mission is to offer "radical hospitality" through a broad range of services for "women and gender-diverse folks who are marginalized by poverty, houselessness, sex work, violence, and substance use." Its services include housing and health referrals, hot meals, camp supplies, mental health counseling, hygiene supplies, clothing, and community connection. Demand for the group's services has skyrocketed during the pandemic: before, its team distributed about 100 meals a night to guests, 80% of whom were houseless. Now, it gives out more than 250 meals a night, and 90% of its guests are houseless.

To reach more people, the nonprofit has started taking meals, counseling and other services to local camps. And while it has expanded to serve all genders, it still maintains safe, gender-segregated spaces at its welcome center for those who may be escaping gender-affected trauma or violence.

Welcoming neighbors to Rahab's Sisters is a privilege and a joy, says Ocampo. "Being with our guests is so motivating. It's really about building community and letting people know that they have a place to go, and that they're not forgotten."



Family Justice Center of Washington County

For domestic violence survivors, finding safety and a fresh start can be a slow and painful process. Often, survivors end up bouncing between service providers for days or weeks, negotiating waiting lists, and having to re-tell and re-live their traumas every time they meet with police, legal and court representatives, social workers, housing advocates, and counselors.

The Family Justice Center of Washington County (FJC) has two aims: to break the cycle of domestic violence and to streamline services for survivors. The nonprofit was created in 2018 by a network of local governments, private funders, and nonprofit organizations, and The Portland Clinic Foundation has granted to it every year since its founding.

"We're a unique organization, providing everything a survivor needs under one roof, all free and available without appointment," says executive director Rachel

Shutz. "We provide advocacy, protective orders, remote court appearances, childcare, a food pantry and clothing closet, rental assistance, energy assistance, and help with government support services like food stamps and the Oregon Health Plan," she says. "We also provide counseling and support groups, legal assistance, and public safety officers."

FJC serves more than 300 survivors a month, including many from outside Washington County. Its staff and budget are lean, Shutz says, but while the work is hard, it's also rewarding.

"What keeps me motivated is the fact that we are made up of over 15 organizations, as well as supporters like The Portland Clinic Foundation,"

she says. "I truly and fully believe that we can achieve our vision of eliminating violent abuse and trauma in our community, because I haven't met a single partner who's not on board with that vision."

"We're a unique organization, providing everything a survivor needs under one roof, all free and available without appointment."



Clackamas Volunteers in Medicine

As of 2019, an estimated 7.4% of Clackamas County residents, or 31,000 people, were uninsured, with 8% also living below the poverty line—and that was before the pandemic hit. Lack of accessible health care can have an adverse impact on individuals' long-term health outcomes, compounding the effects of poverty and perpetuating a cycle in which the people who need the most health support often receive the least.

Recognizing this problem, a group of local health care providers came together ten years ago to provide free and inclusive care for uninsured, low-income neighbors. Today, Clackamas Volunteers in Medicine (CVIM) has served more than 3,500 patients across 14,000 appointments thanks to a robust corps of volunteer providers and a small administrative staff.

"I went into medicine to work with these communities," says Anna Tubman, M.D., the group's volunteer medical director and a passionate believer in health care equity and access. "CVIM is a social safety net

for people who don't qualify for or have access to insurance, many of whom have been hit hard by the pandemic. Our patients often are frontline workers with multiple, neglected health issues, including diabetes, high blood pressure, and depression."

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A consistent challenge for CVIM's patients is learning about and gaining access to routine preventive screenings, says Dr. Tubman. "A lot of our patients haven't been receiving screenings for colorectal cancer, which has one of the fastest-growing rates of malignancies." A grant from The Portland Clinic Foundation is helping to expand

CVIM's lifesaving colorectal screening access and education initiative. "This grant will increase access to screenings," says Dr. Tubman, "and also will support patient education by our bilingual, bicultural health care navigator."



The Miracles Club

When it was founded in 1993, the Miracles Club in northeast Portland was a unicorn: the only organization that provided addiction recovery support specifically for Portland's African American community. Its services and constituents have grown ever since.

"Recovery is about collaboration and togetherness," explains Julia Mines, Miracle Club's executive director. "Having culturally-specific recovery support is important. It's hard for a person of color to walk into a place of predominantly privileged culture, and to not feel welcome and not see people who look like you. You don't want to stay. It's important for people in recovery to have peers who understand their issues and historical traumas."

At its core, Mines says, the Miracles Club is "a clean and sober space for folks to come in, have a seat, get a soda or a coffee, and find what they need. If you need treatment, peer support, housing, a job, clothes, space for self-help meetings, help with your life skills—we can provide that," she says.

"It's important for people in recovery to have peers who understand their issues and historical traumas."

"We also provide health services via our Wellness Within Reach program, where we give out passes to four Parks and Recreation centers, have classes to help people manage diabetes and hypertension, and refer people to medical and dental care. We have a nine-bed recovery house, and 82 units of clean and sober affordable transitional and permanent housing. We have contingency management if you need help paying your bills. As long as you're actively using our services, we'll help you through those other hard things."

Mines has been working in addiction, recovery, and mental health since she recovered from addiction herself over 24 years ago. "I'm in this work because I wished when I was getting clean that there was someone around to reach out a hand and help me," Mines says. "That's what we do: we go out and reach out a hand, helping to pull people forward, helping to save lives." And, she adds, "we always need supporters and volunteers to help us, so spread the word!"

ADDITIONAL 2022 Grantees

ASSIST

Interrupts houselessness by undertaking in-depth casework on behalf of profoundly low-income people with severe disabilities to ensure they receive their SSI/SSD benefits and regular income.

Children's Healing Art Project

Brings the healing power of art to children and families facing medical challenges.

Clackamas Service Center

Provides a "one-stop-shop" where people experiencing hunger and poverty can meet their basic food, health, and hygiene needs, as well as connect with services to help them gain stability and independence.

Community for Positive Aging

Promotes the health, independence, and well-being of low-income elders through classes, events, exercise, casework, and the Asian Food Pantry.

Family of Friends Mentoring

Creates sustained mentorships for low-income youth in East County to support positive self-identity, self-advocacy, and youth leadership.

Growing Gardens

Fosters healthy eating, community-building, and food system empowerment through education and partnerships with communities of color, low-income communities, schools, and incarcerated people.

Harper's Playground

Inspires vital communities by creating inviting, accessible playgrounds for people of all abilities.

Ikoï no Kai / Japanese Ancestral Society

Promotes the cultural heritage of the Japanese American community through community lunches, wellness programming, and culturally specific meal delivery for often isolated Japanese elders.

Incight

Supports people with disabilities and other barriers through targeted initiatives of education, employment, and independence.

Lift Urban Portland (Lift UP)

Helps reduce hunger and isolation, and improves the lives of low-income residents of Northwest and Downtown Portland.

Miracle Theatre Group

Provides extraordinary Latino/a/x theatre, culture, and arts education for the enrichment of all communities. Grant supports high school programs.

Portland Animal Welfare (PAW) Team

Keeps pets and people together by providing free veterinary care to the companion animals of people experiencing houselessness or extreme poverty.

Portland Fruit Tree Project

Increases equitable access to healthful food, strengthens communities, and combats food waste by saving unwanted fruit and distributing it to those who lack healthy food.

Portland Refugee Support Group

Empowers refugees through social support and education and helps them navigate a path to a successful life in the US.

Portland Street Medicine

Provision of quality medical care by 140+ volunteers to Portlanders who are unhoused or facing unstable housing, reaching them where they live.

Rebuilding Together Portland

Volunteer-led work to stabilize and improve the quality of life of low-income homeowners by providing needed safety-and-health building repair services to elderly people, people with disabilities, and veterans.

Rose Haven

Provides radical hospitality, resources, emotional support, and community to women, children, and gender-diverse people experiencing homelessness and poverty through a day shelter in Northwest Portland.

Steps for Youth

Helps educate, inspire, and enrich low-income students and students of color's lives through exposure to many different types of dance and movement.

The Children's Book Bank

Offers culturally-diverse books to low-income children's home libraries, increasing family bonds and childhood literacy.

The Insight Alliance

Transforms the lives of adults and youth impacted by the carceral system by pointing them to their innate resilience and well-being.

Together We Are Greater Than

Supports and empowers students from poverty-impacted communities to thrive in school, college, and careers through racially just, post-pandemic education interventions that improve student health and outcomes.

Tualatin Hills Park Foundation

Provides recreational, health, and educational programming to low-income youth and families, people with disabilities, elders, and others who have been underserved by parks in the past, via a mobile recreation unit.

Write Around Portland

Uses writing as a tool to improve mental health, build community, and elevate the voices and stories of underrepresented communities.

Grants Total: \$110,000

WHY GIVE

To The Portland Clinic Foundation

- Proven Impact** We give to nonprofits that improve community wellness, as selected through a rigorous grant evaluation process.
- Targeting Real Needs** We support smaller nonprofits and crucial organizations and communities underserved by other philanthropic programs.
- Contributions Go Farther** By pooling your contribution with others', your gift will help give bigger grants to nonprofits doing urgent work. Plus, because the foundation's expenses are paid by the clinic, 100 percent of every contribution will go straight to local nonprofits!
- Accessible, Equitable Grantmaking** Unlike many foundations, we keep our grant application simple and offer unrestricted funding. We believe that an organization's success should be determined by its impact on our community, not by its ability to fill out complex forms.
- Stronger Community** Giving back to the community breaks down divides, increases empathy and understanding, and builds solidarity. By donating to The Portland Clinic Foundation, you can support diverse nonprofits that are unifying and strengthening greater Portland!

100% OF EVERY CONTRIBUTION GOES STRAIGHT TO LOCAL NONPROFITS!

DONOR PROFILES

DONOR PROFILES

Ann Bakkensen



Retired librarian Ann Bakkensen is a longtime patient of The Portland Clinic and a firm believer in giving back to others. "As an adult, I've always tried to be involved in some kind of volunteer work," she says. "I might not be able to change everything, but I can work within my own sphere to make an impact."

Winston Churchill once said: "We make a living by what we get. We make a life by what we give." Bakkensen takes inspiration from these words. "The connectedness I feel by helping others is an important aspect of my life," she says.

Earlier this year, she found herself on the receiving end of that connection while dealing with some very serious health challenges. "As I faced each situation, I felt the support and concern of every person I dealt with at The Portland Clinic," she recalls. "From the operators to the lab techs, doctors, receptionists and others—everyone was on Team Ann and had my back. Facing the unknown can be scary and isolating. But knowing that people are doing their best for you, and that they care about you, is very reassuring."

When Bakkensen learned about The Portland Clinic Foundation, she made two generous gifts in thanks for her excellent care. "I realized that the foundation was an extension into the community of the support I had felt as a patient, and I was inspired to 'share the love' by helping the foundation to further its work," she says. "As a donor, I also appreciate that 100% of my contributions go straight to local nonprofits."

Jennifer Baron



Anyone who has worked with Jennifer Baron, executive assistant at The Portland Clinic, knows that she is smart, strategic, and efficient at everything she undertakes. "I am a wife and a mother, and I've worked at the clinic for 16 years," she says. "I try to be very conscientious about doing the best I can for people and being positive and helpful."

The clinic's foundation has certainly benefited from her ethos. In addition to being a passionate foundation advocate and a longtime donor, Baron also has served as a volunteer grant reviewer, enhancing the process with her sharp evaluative lens, her commitment to inclusivity, and her experience as a parent of a child with special needs. "It was rewarding work, and I felt very valued," says Baron. "I appreciate that the foundation funds small, local organizations who we know will use the grants wisely."

With only so many hours in the day, Baron also appreciates the efficiency of supporting the foundation. "Working full time and being a full-time mom reduces the time I have for other activities, like volunteering," she says. "With the foundation, I can help in ways that don't take up time. I can have contributions taken out of my paycheck automatically—I don't even have to think about it. And I can donate my vehicle, or goods that I can pick up while I'm out shopping for my family. The foundation is an easy way to give back to the community."

FINANCIALS 2019-2022

FINANCIAL POSITION

	8/12/22	2021	2020	2019
Assets				
Cash	162,782.76	187,876.79	141,483.62	79,505.13
Dr Naito Community Fund	42,955.00	42,955.00	41,955.00	40,740.00
Investments - Dr. Naito Endowment*	250,000.00	250,000.00	250,000.00	250,000.00
Accrued investment income*	19,548.00	19,548.00	14,023.00	8,823.00
Other receivable				
Contributions/grants receivable**	25,517.30	5,120.00	94.48	1,500.00
TOTAL ASSETS	500,803.06	505,499.79	447,556.10	380,568.13
Liabilities and fund balance				
Grants payable	-	-	-	-
Fund balance	500,803.06	505,499.79	447,556.10	380,568.13
TOTAL LIABILITIES & FUND BALANCE	500,803.06	505,499.79	447,556.10	380,568.13
ACTIVITIES				
Revenue				
Accrued interest and dividends*	-	5,525.00	5,199.90	5,556.00
Donations (net realized & unrealized)	105,303.27	152,418.50	137,037.97	109,853.98
TOTAL REVENUE	105,303.27	157,943.50	142,237.87	115,409.98
Expenditures				
Grants	110,000.00	100,000.00	75,250.00	60,700.00
Administrative expenses***	-	-	-	-
TOTAL EXPENDITURES	110,000.00	100,000.00	75,250.00	60,700.00
Excess of revenue over expenditures	(4,696.73)	57,943.50	66,987.87	54,709.98
Fund balance, beginning of year	505,499.79	447,556.29	380,568.42	325,858.44
Fund balance, end of year (or YTD)	500,803.06	505,499.79	447,556.29	380,568.42

*Endowment principal is restricted; endowment earnings are unrestricted.

**Includes remaining recurring contributions and pledges.

***The Portland Clinic pays for all administrative expenses, so 100% of contributions go to grantmaking.

PLEASE JOIN US!

Donate Now And Help Support Our Work

The last few years have been particularly challenging. Many of our neighbors are still struggling to access the food, shelter, safety, and rights they need to survive and thrive. More than ever, The Portland Clinic Foundation's work is needed. By donating today, you can join with others to help build a safer, healthier, more equitable Portland!

Ways to Give

How and when you contribute is up to you: a yearly check, a recurring monthly contribution, a one-time gift, a bequest, a stock or vehicle donation, or a fund set up in your or a loved one's name to benefit this work in perpetuity. Contributions are fully tax deductible, and 100 percent of your gift will go back into the community via grants.

Donate Online

Visit www.theportlandclinic.com/foundation/donate. It's easy!

Donate by Mail

Mail a check to:
The Portland Clinic Foundation
1221 SW Yamhill St., Ste. 400
Portland, OR 97205

More Ways to Donate

To donate stock, leave a legacy gift, or become a business contributor, please reach out to us. If you are on The Portland Clinic payroll, you can contribute by payroll deduction (a quick one-time form). All contributions are tax-deductible. Our EIN is 93-0522940.

Have Questions? Want to Learn More?

The board and staff of The Portland Clinic Foundation would love to hear from you. Email them at foundation@tpcllp.com or call 503.221.0161 x 2154. Thank you!

THANK YOU

To Our 2021-2022 Contributors!

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Dr. Ronald W. Naito
Sylvia Takeuchi-Owens

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(\$25,000+)



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(\$10,000-24,999)
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~In honor of Dick Clark
+In memory of Dr. Ron Naito
*Recurring contributor