

Health insurance plans accepted at The Portland Clinic (2025)



Following is a list of health insurance plans currently accepted at The Portland Clinic.

Beginning April 21, 2025, The Portland Clinic will no longer be accepting new patients with out-of-network insurance. If you don't see your insurance listed below, we recommend reaching out to your insurance company — they can provide you with a list of in-network providers you can choose from.

Please note: This update does not affect current patients or those who already have appointments scheduled.

- Aetna
- Bridgespan (Real Value Network only)
- CareOregon (Established Portland Clinic patients)
- ChoiceCare (Humana's National PPO) - *termed 12/31/24*
- Cigna
- First Choice Health
- First Health Network
- GEHA
- Great West
- HMA (Healthcare Management Administrators)
- Kaiser Permanente
 - Added Choice® (3Tier) Point of Service
 - Dual Choice PPO™
 - Intel Connected Care
 - PPO Plus out-of-area
- Medicare (Established Portland Clinic patients only)
- Moda Health
 - Affinity
 - Connexus
 - OHSU PPO
 - OHSU EPO (Tier 2 benefits applied)
 - Synergy
 - HMC & OSHU Health
- Motor Vehicle
- Multiplan PHCS
- PacificSource
 - Legacy Health
 - Navigator
 - Voyager
 - Medicare Advantage Plans
- Providence Health Insurance
 - Signature
 - Extend PPO
 - Connected Care (Intel)
 - Connect
 - Choice
 - Medicare Extra
- Regence BlueCross and BlueShield/Anthem
 - Regence MedAdvantage
- UHC AARP Medicare Advantage
 - HMO (assigned to TPC PCP)
 - PPO
 - Optum Care Network
- United Healthcare
- Oregon Workers' Compensation Division

