

Health insurance plans accepted at The Portland Clinic (2026)



Following is a list of health insurance plans currently accepted at The Portland Clinic. If your insurance is not listed, contact your insurance company for in-network providers.

NOTE: As of April 21, 2025, The Portland Clinic no longer accepts new patients with out-of-network insurance. Current patients and those with scheduled appointments are not affected.

Commercial Plans

Plan Name	Notes
6 degrees	
Aetna	
Blue Cross Blue Shield	Any Blue Cross Blue Shield plan from any state/company is accepted
Bridgespan	Real Value Network only
Cigna	
First Choice Health	
First Health	
GEHA	
Great West	
HMA (Healthcare Management Administrators)	
Kaiser Permanente Commercial	<ul style="list-style-type: none">• Added Choice (3 Tier) Point of Service• Dual Choice PPO• PPO Plus out-of-area
Moda Health Commercial	<ul style="list-style-type: none">• Affinity• Connexus• OHSU PPO• OHSU EPO (Tier 2 benefits applied)• Synergy• HMC & OHSU Health
Multiplan PHCS	

PacificSource	<ul style="list-style-type: none"> • Legacy Employee Health Plans • Navigator • Voyager • Core
Providence Health Plan	<ul style="list-style-type: none"> • Signature • Extend PPO • Connected Care (Intel) • Connect • Choice
Regence BlueCross BlueShield	Any Blue Cross Blue Shield plan from any state/company is accepted
United Healthcare	

Medicare and Medicare Advantage

Plan Name	Notes
CareOregon Advantage Plus	<ul style="list-style-type: none"> • HMO-POS D-SNP (dual eligible) only • Established patients only
Medicare	Established patients only
PacificSource Medicare Advantage	No longer accepting as of 1/1/2026
Providence Medicare	
Regence MedAdvantage	
UHC Medicare Advantage	<ul style="list-style-type: none"> • AARP • Optum Care Network • Group retiree

Medicaid

Plan Name	Notes
CareOregon	Established patients only

Third Party

Plan Name	Notes
Motor Vehicle	
Oregon Workers' Compensation	