



EGD (Esophagogastroduodenoscopy) Prep Instructions

YOUR PROCEDURE IS SCHEDULED ON:

AT

Time given during pre-op phone call

LOCATION: Alberty Surgical Center Oath Legacy Good Samaritan Hospital

The Surgery Center will call you **four to five business days** before your procedure to verify your information and confirm your exact arrival time. Your arrival time is subject to change.

IMPORTANT: Procedures scheduled at the ambulatory surgical center require a 14 day notice for cancellations. Appointments canceled with less than 14 days' notice are subject to a \$400 missed surgery/late cancellation fee.

Procedures scheduled at an offsite hospital require a 30 day notice for cancellations. Appointments canceled with less than 30 days' notice are subject to a \$400 missed surgery/late cancellation fee.

THE DAY BEFORE THE PROCEDURE:

- Eat a low fat meal for dinner the evening prior to your procedure
- Do Not eat any solid foods after midnight
- Follow a clear liquid diet until **four (4) hours before** your procedure.

ACCEPTABLE		UNACCEPTABLE	
Broth	Vitamin water	Milk	ANY food or drink with
Jell-O	Plain coffee	Cream	red or purple colors
Popsicles	Plain tea	Dairy products	ALCOHOL
Soda	Hard candies	Soy/nut based dairy	
Apple juice	Non-pulp fruit ice	liquids	
WHITE grape juice	Water	Protein powders	
WHITE cranberry juice		Juice with pulp	
Sports drinks			

THE DAY OF YOUR PROCEDURE:

- **Do Not** eat or drink anything, including water within **four (4) hours** of your procedure.
- Medications may be taken with a small amount of water.
- Because of the sedation you will be receiving, you **must** have a driver to take you home.

Call your providers office for help if you have any questions or don't understand the prep instructions:

Tigard Medical Office: 503-293-0161, ext. 4053

The Portland Clinic Main Number: 503-221-0161

Alberty Surgical Center: 503-445-9066, ext. 4622

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