

Learn how to take Moviprep

Please see the **full Prescribing Information** for instructions on how to take Moviprep. The time of your procedure will dictate when you should take your doses. It is important that you properly mix the solution, take your doses when instructed by your doctor, and complete the entire prep to ensure the most effective cleansing. Ultimately, you should always follow your doctor's colonoscopy prep instructions.

Two-Day Split-Dosing Regimen (Preferred Method)

The Two-Day Split-Dosing regimen is the preferred dosing method.

Instruct adult patients that on the day before the clinical procedure, they can consume breakfast, followed by a light lunch (no solid foods), and clear soup and/or plain yogurt for dinner, which must be completed at least 1 hour prior to the start of the first Moviprep dose.

Instruct adult patients to take two separate doses in conjunction with fluids as follows:

- Dose 1 – In the evening before the colonoscopy, approximately 10 to 12 hours before
- Dose 2 – Take next morning, on the day of the colonoscopy, approximately 12 hours after the start of Dose 1 and at least 3 ½ hours prior to colonoscopy:

One-Day Evening Only Dosing Regimen (Alternative Method)

The One-Day Evening Only regimen is the alternative dosing method for patients for whom the Split-Dosing regimen is inappropriate.

Instruct adult patients that on the day before the clinical procedure, they can consume breakfast, followed by a light lunch (no solid foods), and clear soup and/or plain yogurt for dinner, which must be completed at least 1 hour prior to the start of the first Moviprep dose.

Instruct adult patients to take two separate doses in conjunction with fluids as follows:

- Dose 1 – At least 3 ½ hours before bedtime the evening before the colonoscopy:
- Dose 2 – At least 1 ½ hours after starting Dose 1 on the evening before the colonoscopy.

Please [click here](#) for full Prescribing Information

Moviprep instructions

Each Moviprep kit contains a disposable container, 2 pouches labeled A, and 2 pouches labeled B. You must complete the entire prep to ensure the most effective cleansing.

Step 1: Mix the first dose

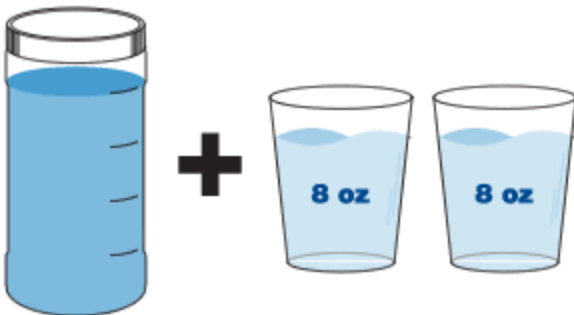


- Empty 1 pouch A and 1 pouch B into the disposable container
- Add lukewarm drinking water to the top line of the container. Mix to dissolve

If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.

Some people also prefer to drink MoviPrep with a straw.

Step 2: Drink the first dose



- The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is consumed
- Drink 16 oz of the clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep

Step 3: Mix the second dose

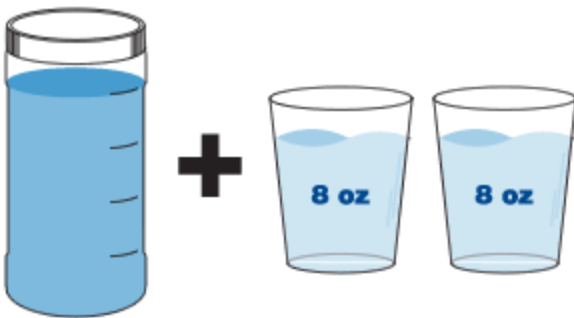


- Empty 1 pouch A and 1 pouch B into the disposable container
- Add lukewarm drinking water to the top line of the container. Mix to dissolve

If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.

Some people also prefer to drink MoviPrep with a straw.

Step 4: Drink the second dose



- The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is consumed
- Drink 16 oz of the clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep

Acceptable clear liquids include, but are not limited to

- water
- clear fruit juices without pulp including apple, white grape, or white cranberry
- strained limeade or lemonade
- coffee or tea (Do not use any dairy or non-dairy creamer.)
- clear broth
- clear soda
- gelatin (without added fruit or topping)
- popsicles (without pieces of fruit or fruit pulp)

Important note: Avoid any red or purple liquid, such as cranberry juice or grape juice, as the coloring can interfere with the results of your exam. Also avoid milk, dairy products, and nondairy coffee creamer.

The importance of proper hydration

Drink clear liquids before, during, and after you take Moviprep to help prevent fluid loss (dehydration). It is important for you to drink the additional prescribed amount of clear liquids listed in the Instructions for Use.

INDICATION

Moviprep is an osmotic laxative indicated for cleansing of the colon as a preparation for colonoscopy in adults 18 years of age or older.

IMPORTANT SAFETY INFORMATION - MOVIPREP

- Do not take MOVIPREP® (PEG-3350, sodium sulfate, sodium chloride, potassium chloride, sodium ascorbate and ascorbic acid for oral solution) if you have a gastrointestinal (GI) obstruction (a blockage in your bowel), bowel perforation (an opening in the wall of your stomach or intestine), gastric retention (problems with food and fluid emptying from your stomach), ileus (bowel muscle unable to move stomach contents), toxic colitis (damage to the thickness of the intestinal wall) or toxic megacolon (an extremely dilated or distended colon with fever and/or abdominal pain at times), or if you have a known allergy to MOVIPREP or any of its components.
- It is important to drink sufficient liquids before, during, and after the use of MOVIPREP. Liquid and blood salt changes can lead to serious side effects including abnormal heartbeats that can cause death, seizures, and kidney problems. Talk to your doctor before taking MOVIPREP if you take any medications that increase the risk of blood salt abnormalities or if you have known or suspected low blood salt (sodium) level (hyponatremia).
- If you have kidney problems or if you take medication that affects kidney function, talk to your doctor before taking MOVIPREP.

- If you have suspected bowel blockage or a suspected opening in the wall of your stomach or intestine, talk to your doctor before taking MOVIPREP.
- Talk to your doctor before taking MoviPrep if you have stomach or bowel problems, including ulcerative colitis.
- Talk to your doctor before taking MOVIPREP if you have problems swallowing, if you have gastric reflux, or if you are predisposed to aspiration.
- If you have a condition that destroys red blood cells called glucose-6-phosphate dehydrogenase (G6PD) deficiency, talk to your doctor before taking MOVIPREP.
- Please be advised that MOVIPREP contains aspartame equivalent to 131 mg of phenylalanine per treatment. Before taking MoviPrep, tell your doctor if you are on a diet low in phenylalanine.
- Tell your doctor about all other medicines you take. MoviPrep may affect how other medicines work.
- Do not take oral medications within 1 hour before or after starting each dose of MOVIPREP. Do not take other laxatives while taking MOVIPREP and do not take MOVIPREP with starch based thickeners.
- If you are pregnant, planning to become pregnant, breastfeeding or plan to breastfeed, talk to your doctor before taking MOVIPREP.
- In clinical studies with MOVIPREP, the most common side effects for split dosing were malaise (feeling uneasy), nausea, stomach (abdominal) pain, vomiting, and upper stomach pain. The most common side effects for evening only dosing were stomach swelling (abdominal distension), anal discomfort, thirst, nausea, stomach (abdominal) pain, sleep disorder, rigors (body shakes), hunger, malaise (feeling uneasy), vomiting, and dizziness.